

# Need for Revised Criteria for ABPA and Indian scenario

Ritesh Agarwal

MD, DM

Professor of Pulmonary Medicine

Postgraduate Institute of Medical Education and Research

Chandigarh, India



# Diagnostic criteria and staging

# Diagnostic criteria (Rosenberg-Patterson)

## Major Criteria

- Asthma
- Radiological opacities
- Type 1 *Aspergillus* skin-test positive
- Specific *Aspergillus* IgE/IgG elevated
- Precipitins (*Af*) in serum
- IgE levels elevated in serum
- Central bronchiectasis
- Eosinophilia

## Minor Criteria

- Presence of *Aspergillus* in sputum
- Expectoration of brownish-black mucus plugs
- Delayed type III skin reaction to *Aspergillus* antigen

# Problems with Patterson criteria

No agreement on the number of criteria that should be present to make the diagnosis

Lays equal weightage on all the components, while some may be more important than others

Lack of consensus on the specific cutoff value for IgE levels and eosinophil counts

# New criteria



EC

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## OPINIONS IN ALLERGY

### Allergic bronchopulmonary aspergillosis: review of literature and proposal of new diagnostic and classification criteria

R. Agarwal<sup>1</sup>, A. Chakrabarti<sup>2</sup>, A. Shah<sup>3</sup>, D. Gupta<sup>4</sup>, J. F. Meis<sup>5,6</sup>, R. Guleria<sup>7</sup>, R. Moss<sup>8</sup>, D. W. Denning<sup>9</sup> and For the ABPA complicating asthma ISHAM working group\*

<sup>1</sup>Department of Pulmonary Medicine, Post Graduate Institute of Medical Education and Research, Chandigarh, India, <sup>2</sup>Division of Medical Mycology, Department of Medical Microbiology, Post Graduate Institute of Medical Education and Research, Chandigarh, India, <sup>3</sup>Department of Pulmonary Medicine, Vallabhbhai Patel Chest Institute, University of Delhi, New Delhi, India, <sup>4</sup>Department of Pulmonary Medicine, Post Graduate Institute of Medical Education and Research, Chandigarh, India, <sup>5</sup>Department of Medical Microbiology and Infectious Diseases, Canisius-Wilhelmina Hospital, Nijmegen, The Netherlands, <sup>6</sup>Department of Medical Microbiology, Radboud University Nijmegen Medical Centre, Nijmegen, The Netherlands, <sup>7</sup>Department of Internal Medicine, All India Institute of Medical Sciences, New Delhi, India, <sup>8</sup>Department of Pediatrics, Stanford University, Palo Alto, CA, USA and <sup>9</sup>Manchester Academic Health Science Centre, The National Aspergillosis Centre, University of Manchester, University Hospital of South Manchester, Manchester, UK

# New diagnostic criteria for ABPA

## Predisposing conditions

Bronchial asthma, cystic fibrosis

## Obligatory criteria (both should be present)

Type I *Af* skin test positive or elevated *Af* IgE (>0.35 kUA/L)

Elevated total IgE levels (>1000 IU/mL)\*

## Other criteria (at least two of three)

Presence of *Af* precipitating (or IgG) antibodies in serum

Radiographic pulmonary opacities consistent with ABPA†

Total eosinophil count >500 cells/ $\mu$ L in steroid naïve patients (may be historical)

\*If the patient meets all other criteria, an IgE value <1000 IU/mL may be acceptable

†Chest radiographic features consistent with ABPA may be transient or permanent







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# Why not skin testing?

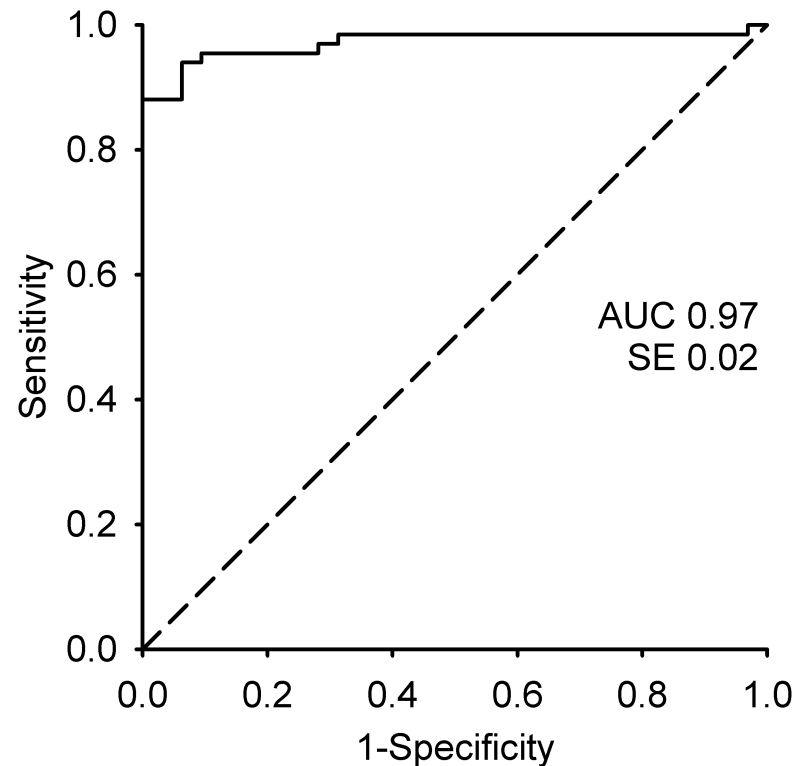
Type 1 <i>Aspergillus</i> skin test positive	<u>94.7% (87.7–100)</u>	79.7% (72.6–88.6)
IgE levels > 1000 IU/mL	97.1% (90.7–100)	37.7% (31.6–44.2)
<i>A.fumigatus</i> specific IgE levels > 0.35 kUA/L	<u>100% (100–100)</u>	69.3% (61.8–79.2)
<i>A.fumigatus</i> precipitins	42.7% (27.8–59.2)	97.1% (94.8–98.9)
Total eosinophil count > 1000 cells/ $\mu$ L	36.1% (24.1–49.0)	92.5% (89.1–95.6)
HRCT evidence of bronchiectasis	91.9% (72.7–100)	80.9% (75.2–85.7)
Chest radiographic transient opacities	28.3% (16.9–41.7)	96.8% (94.5–98.8)
HRCT evidence of high-attenuation mucus	39.7% (23.9–58.4)	100% (100–100)
	<b>Sensitivity</b>	<b>Specificity</b>

The values in parenthesis represent 2.5–97.5% bootstrap confidence intervals obtained by bootstrapping 5000 samples.

# Why Af IgG and not precipitins

Af IgG cutoff:  $\geq 27 \text{ mg}_A/\text{L}$   
(Phadia platform)

Sensitivity of Af IgG: 89%  
(compared to 27% for  
*Aspergillus* precipitins)



# Staging

Stage	Description
I	Acute phase
II	Remission
III	Exacerbation
IV	Glucocorticoid-dependent ABPA
V	End-stage (Fibrotic) ABPA

# Staging

Stage	Definition	Features
0	Asymptomatic	Never diagnosed to have ABPA in the past; presentation with controlled asthma (according to GINA guidelines), and meeting the diagnostic criteria of ABPA (Table 1)
1	Acute	Never diagnosed to have ABPA in the past; presentation with uncontrolled asthma/constitutional symptoms, and meeting the diagnostic criteria of ABPA
1a	With mucoid impaction	Presence of mucoid impaction on thoracic imaging or bronchoscopy
1b	Without mucoid impaction	No mucoid impaction on thoracic imaging or bronchoscopy
2	Response	Clinical and/or radiological improvement AND fall in IgE by $\geq 25\%$ of baseline at eight weeks
3	Exacerbation	Clinical and/or radiological worsening accompanied by an increase in IgE by $\geq 50\%$ from the previous baseline
4	Remission	Sustained clinicoradiological improvement with IgE levels remaining at or below baseline (or increase by $< 50\%$ ) for $\geq 6$ months off therapy
5a	Treatment-dependent ABPA	Two or more relapses within six months of stopping treatment OR deterioration in clinical and/or radiological condition and/or immunological worsening on tapering oral steroids/azoles
5b	Glucocorticoid-dependent asthma	Systemic corticosteroids required for asthma control while the ABPA activity is controlled (as indicated by IgE levels and thoracic imaging)
6	Advanced ABPA	Presence of complications (cor pulmonale and/or chronic type II respiratory failure) along with presence of extensive bronchiectasis consistent with

# Radiological classification

Patterson et al.

ABPA-S

ABPA-CB

Kumar et al.

ABPA-S

ABPA-CB

ABPA-CB-ORF

Long-term clinical significance of these classifications remains unknown

*Patterson R, et al. Arch Intern Med 1986; 146: 916-8*

*Greenberger PA, et al. Ann Allergy 1993; 70: 333-338*

*Kumar R. Chest 2003;124: 890-892*

# New radiological classification

ABPA-S (Serological ABPA)

ABPA-B (ABPA with bronchiectasis)

ABPA-HAM (ABPA with high-attenuation mucus)

ABPA-CPF (ABPA with chronic pleuropulmonary fibrosis)

Indian scenario



# First description

UK - Hinson KFW et al- [Thorax 1952; 7: 317-33]

*Thorax (1952), 7, 317.*

## **BRONCHO-PULMONARY ASPERGILLOSIS\***

**A REVIEW AND A REPORT OF EIGHT NEW CASES**

**BY**

**K. F. W. HINSON, A. J. MOON, AND N. S. PLUMMER**

*From the London Chest Hospital*

US - Patterson R et al- [Univ Mich Med Cent J 1968; 34: 8-11]

**India** - Shah JR et al- [J Assoc Physicians India **1971**; 19: 835-41]

# Burden of the disease

Scoping review

193 million adults with asthma worldwide using GINA estimates

4,837,000 patients (range 1,354,000-6,772,000) develop ABPA  
assuming overall prevalence of ABPA as 2.1% (range, 0.7-3.5%)

# Studies in this millennium

**Table 1.** Prevalence of *Aspergillus* sensitization (AS) and allergic bronchopulmonary aspergillosis (ABPA) complicating asthma in studies conducted in this millennium

Study	Country	Type of study	Skin test/antigen	Prevalence of AS, n/N (%; 95% CI)	Prevalence of ABPA, n/N (%; 95% CI)
Eaton et al. [25]	New Zealand	Prospective	SPT/commercial (Hollister-Stier, USA)	47/255 (18.4; 14.1–23.7)	12/243 (4.9; 2.8–8.5)
Kumar et al. [30]	<u>India</u>	Prospective	Intradermal/indigenous	47/200 (23.5; 18.1–29.9)	32/200 (16; 11.5–21.8)
Al-Mobeireek et al. [26]	Saudi Arabia	Prospective	SPT/commercial (SoluPrick, ALK labs)	12/53 (22.6; 13.3–35.8)	7/264 (2.7; 1.3–5.5)*
Maurya et al. [31]	India	Prospective	Intradermal/indigenous	30/105 (28.6; 20.8–37.9)	8/105 (7.6; 3.9–14.5)
Agarwal et al. [32]	India	Prospective	Intradermal/commercial (Hollister-Stier)	291/755 (38.5; 35.1–42.1)	155/755 (20.5; 17.8–23.6)
Prasad et al. [33]	India	Prospective	Intradermal/not available	74/244 (30.3; 24.9–36.4)	18/244 (7.4; 4.7–11.4)
Agarwal et al. [34]	India	Prospective	Intradermal/indigenous	87/242 (35.9; 30.2–42.2)	54/242 (22.3; 17.5–28)
Ghosh et al. [35]	India	Prospective	Intradermal/indigenous	54/215 (25.1; 19.8–31.3)	15/215 (6.9; 4.2–11.2)
Sarkar et al. [36]	India	Prospective	SPT/commercial (Creative Drug Industries, India)	40/126 (31.7; 24.2–40.4)	10/126 (7.9; 4.3–14.1)*
Ma et al. [27]	China	Prospective	–	11/200 (5.5; 3.1–9.7)	5/200 (2.5; 1.0–5.9)
<b>Pooled prevalence</b>				<b>25.1 (19.6–31.6)</b>	<b>8.4 (5.3–13.1)</b>

\*Allergic bronchopulmonary mycosis.

Prevalence is higher in the Indian population compared to other populations

SPT, skin prick test.

# Burden in India

Total population (2011 Indian census)	1,210,569,573		
Adult Indian population (>=15y)	838,218,964		
	INSEARCH	GINA	WHS
Asthma prevalence adults >=15y	17,183,489	30,462,016	27,661,226
ABPA prevalence			
0.70%	120,284	213,234	193,629
2.50%	429,587	761,550	691,531
3.50%	601,422	1,066,170	968,143
5%	859,174	1,523,101	<b>1,383,061</b>
10%	1,718,349	3,046,202	2,766,123
20%	3,436,698	6,092,403	5,532,245

# ABPA in COPD

In India, ABPA has been identified in conditions other than asthma and cystic fibrosis

*Medical Mycology* November 2010, **48**, 988–994

**informa**  
healthcare

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## ***Aspergillus* hypersensitivity in patients with chronic obstructive pulmonary disease: COPD as a risk factor for ABPA?**

RITESH AGARWAL, BASANTA HAZARIKA, DHEERAJ GUPTA, ASHUTOSH N. AGGARWAL,  
ARUNALOKE CHAKRABARTI & SURINDER K. JINDAL

*Departments of Medical Microbiology and Pulmonary Medicine, Postgraduate Institute of Medical Education and Research,  
Chandigarh, India*

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# ABPA in pulmonary tuberculosis-related fibrocavitary disease

Case-control study

50 consecutive symptomatic new referrals with PTB-related fibrocavitary disease and 50 controls

AS was present in 16 (32%) cases and two (4%) controls

Fourteen cases (one control) had IgE values >1000 IU/mL while two cases manifested eosinophilia

*Aspergillus* precipitins were positive in 13 cases (two controls); eight of these 13 cases did not have AS

# Environmental factors in ABPA

Prospective case-control questionnaire based study

202 subjects of asthma (103 and 99 *Aspergillus* unsensitized and sensitized asthma respectively) and 101 ABPA

Living conditions (home environment, presence of moisture in the walls, details of house type, presence of separate kitchen), use of water coolers, type of fuel, contact with farms, cattle and pets

No significant differences in environmental factors were noted in ABPA population compared to asthmatic patients except for a higher rural residence in ABPA (47% vs. 66%,  $p=0.007$ )

# Genetic predisposition

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## Innate immunity

Surfactant protein A2 gene polymorphisms

Mannose-binding lectin gene polymorphisms

Toll-like receptor 9 gene polymorphisms

## Adaptive immunity

HLA associations

Interleukin 4 receptor alpha polymorphisms

Interleukin 13 polymorphisms

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## Interleukin 10 promoter polymorphisms

Interleukin 15 polymorphisms

Tumor necrosis factor- $\alpha$  polymorphisms

Transforming growth factor- $\beta$  polymorphisms

Others

CFTR gene mutation

CHIT1 gene mutations

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# Genetic predisposition

## Innate immunity

Surfactant protein A2 gene polymorphisms

Interleukin 10 promoter polymorphisms

Interleukin 15 polymorphisms

Not studied well in the Indian Population

## T1TA ASSOCIATIONS

Interleukin 4 receptor alpha polymorphisms

Interleukin 13 polymorphisms

CFTR gene mutation

CHIT1 gene mutations

# Sensitization to *A.flavus* in ABPA

53 subjects with a mean (SD) age of 34.2 (12.8) years were included

Sensitization to *A.flavus* was seen in 51 (96.2%) subjects; 49 (92.5%) instances on fungal-specific IgE

Sputum culture was positive in 18 (33.9%; *A.flavus* [n=12], *A.fumigatus* [n=6]) subjects

ABPM due to *A.flavus* was diagnosed in 16 (30.2%) subjects

More likely to have high-attenuation mucus and a trend towards higher occurrence of sinusitis, compared to ABPA

# Clinical presentation

Poorly controlled asthma

Low grade fever, hemoptysis, productive cough, weight loss and malaise

Routine screening of asthmatics - In our series of 155 cases of ABPA - 19% had well controlled asthma

In India, almost 1/3<sup>rd</sup> of the patients are still misdiagnosed as pulmonary tuberculosis

Need for better training of physicians and pulmonary physicians

# Immunologic findings

## Total serum IgE levels

IgE levels are significantly raised in the Indian asthmatic population even without ABPA due to worm infestations, other allergies

In one study, almost 70% of asthmatics in our Chest clinic had IgE >1000 IU/mL (? Referral bias)

Elevations in IgE levels always have to be correlated with radiological and/or clinical manifestations

# Immunologic findings

## Peripheral eosinophilia

Eosinophil count  $>1000$  cells/ $\mu\text{L}$  is a major criterion for diagnosis of ABPA

In a study involving 209 ABPA patients

- Median eosinophil count at diagnosis was 850 cells/ $\mu\text{L}$

- 60% had an eosinophil count  $<1000$  cells/ $\mu\text{L}$

In India, eosinophil count is used to screen asthmatic patients for ABPA and is one important cause for missed diagnosis

# Central bronchiectasis

Central bronchiectasis (CB) with peripheral tapering of bronchi – believed to be *sine qua non* for ABPA

Arbitrarily defined if bronchiectasis confined to medial 2/3<sup>rd</sup> or half of lung

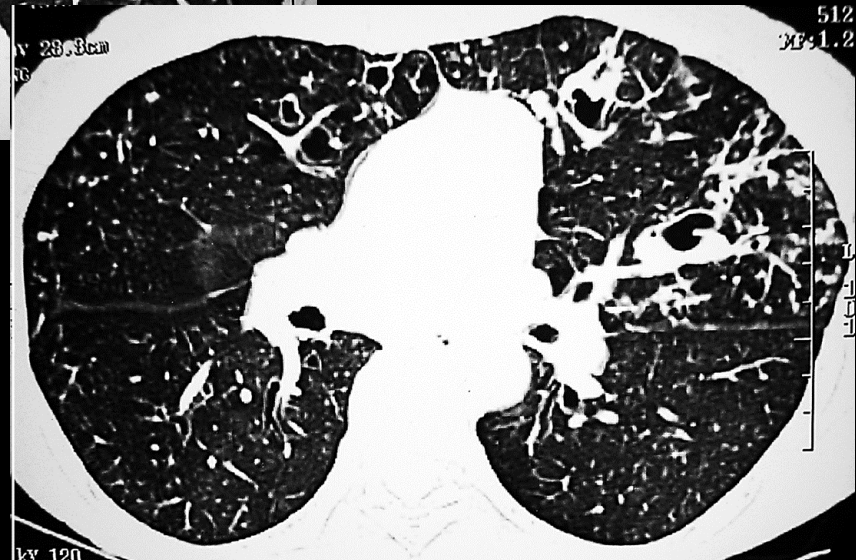
Bronchiectasis can extend to the periphery in 26-39% of the lobes involved depending on the definition used

No longer considered a specific criteria for ABPA

Aim is to diagnose ABPA before development of bronchiectasis i.e. in the serological stage

Unfortunately, in India almost 75% of the patients are diagnosed with bronchiectasis

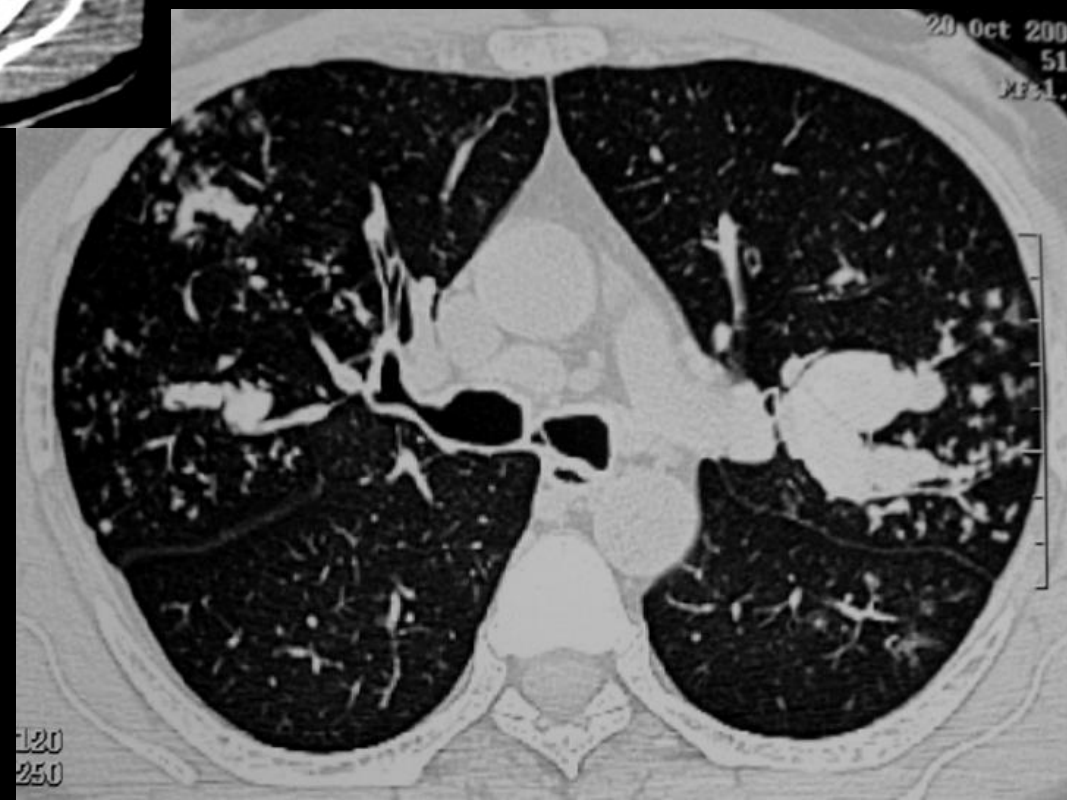
# Central bronchiectasis



Agarwal R, et al. *Chest* 2006; 130: 442-8  
Agarwal R, et al. *Chest* 2007; 132: 1183-90  
Agarwal R, et al. *Respir Med* 2010; 104: 204-210  
Agarwal R, et al. *PLoS One* 2010; 5:e15346



# High-density mucus plugs



Agarwal R, et al. Am J Roentgenol 2006; 186: 904  
Agarwal R, et al. PLoS One 2010; 5:e15346



# High-attenuation mucus

Pathognomonic finding of ABPA

Uncommonly described from other centers

Seen in almost 20% of our patients

Could be recognition bias or could really represent a different spectrum of ABPA

We have found that patients with HAM have severer immunological findings compared to other patients and are prone for relapses

# Future directions...

Why ABPA is so prevalent in Indian asthmatic patients?

Why there is higher prevalence of certain radiological findings in Indian patients?

**Host susceptibility factors in ABPA**

# Working group on ABPA

Join the ISHAM ABPA working group

Contact us at:

[agarwal.ritesh@pgimer.edu.in](mailto:agarwal.ritesh@pgimer.edu.in)

[arunaloke@hotmail.com](mailto:arunaloke@hotmail.com)

[david.denning@manchester.ac.uk](mailto:david.denning@manchester.ac.uk)

