

# Which Antifungal for Which Site of Infection?

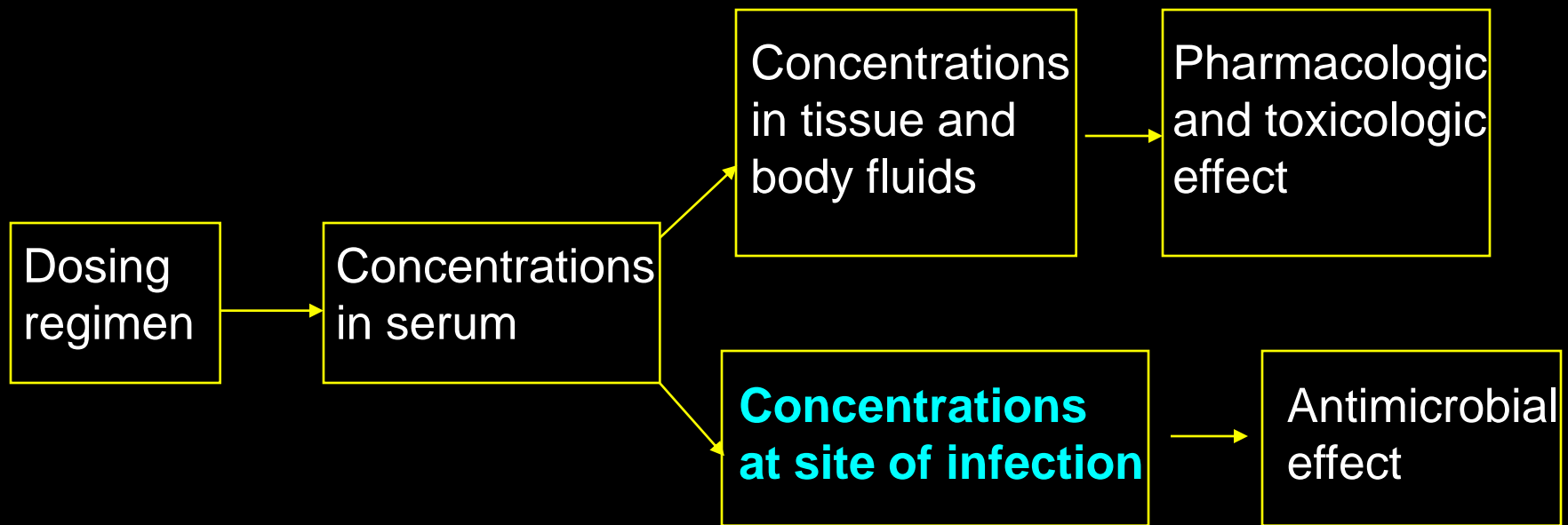
David Andes, M.D.  
University of Wisconsin



# Antimicrobial Pharmacology

## Pharmacokinetics

## Pharmacodynamics

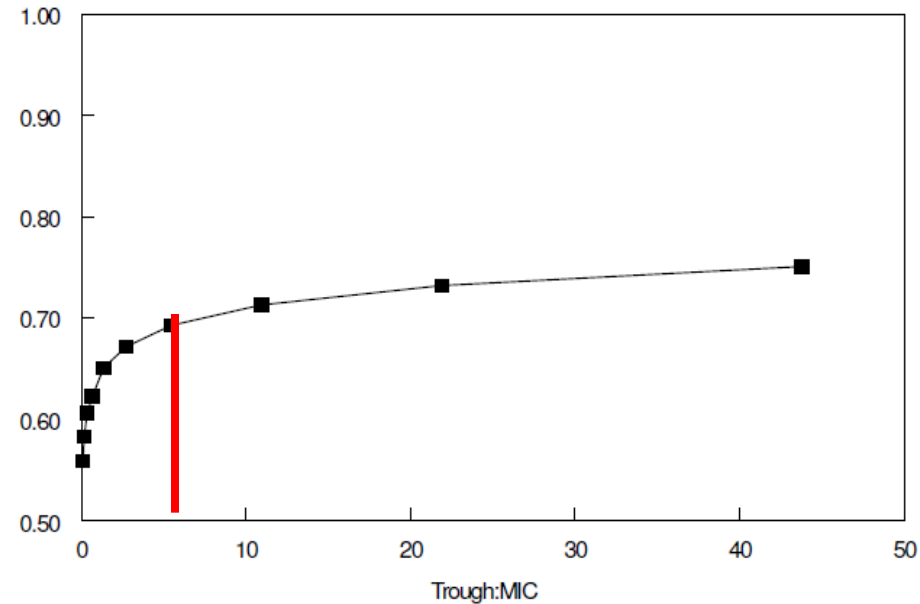
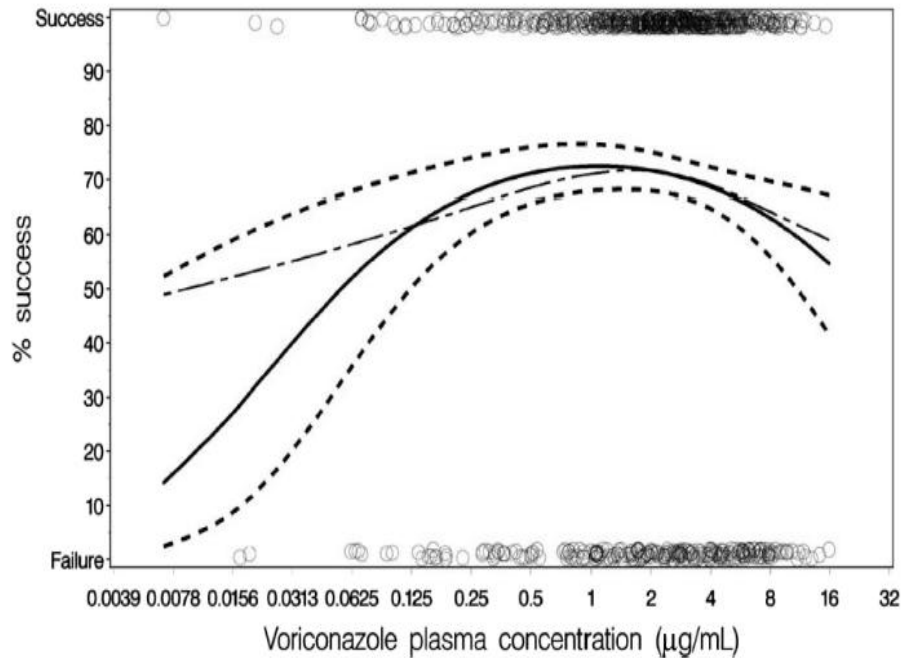


Absorption

Distribution

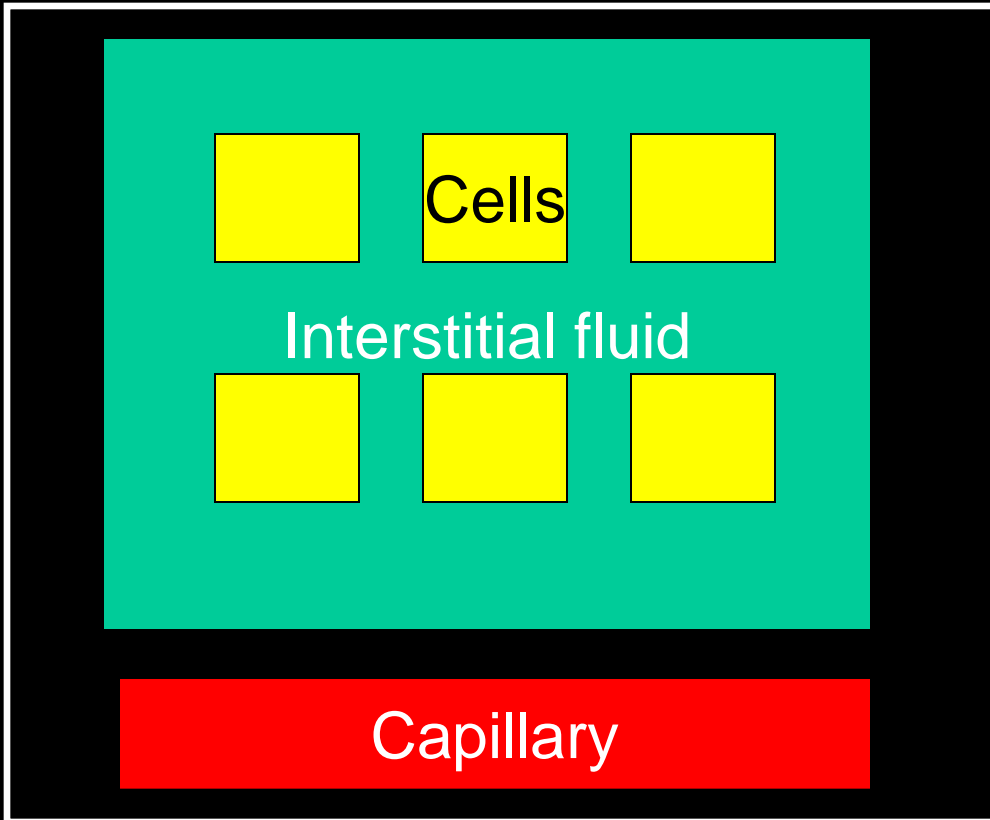
Elimination

# Voriconazole Serum PK and Outcome



- Retrospective, logistic regression analysis of 9 voriconazole clinical trial data
- N = 825 patients with *Aspergillus* and *Candida* infections
- Free AUC/MIC near 25, MIC ceiling 0.12 µg/ml

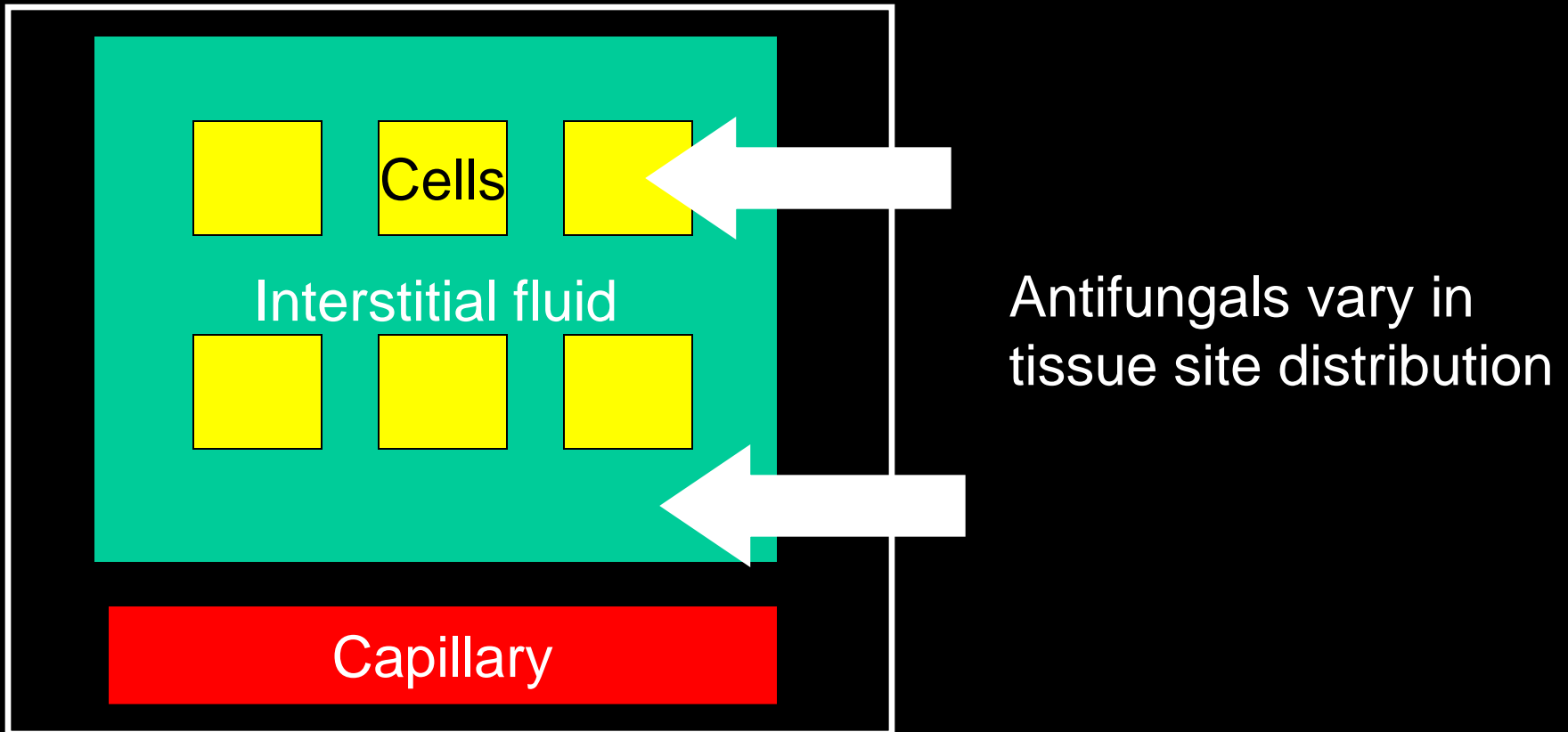
# Where is the Fungus?



Predominately Extracellular  
Candida  
Aspergillus (except conidia)

Predominately Intracellular  
Histoplasmosis  
Cryptococcus

# Where is the Antifungal?



Tissue Homogenates = Multiple compartments  
Intravascular  
Intracellular  
Interstitial

# Antifungal Physiochemical Properties

Drug	MW (diameter)	LogD	Protein Binding	VD (L/kg)
Fluconazole	305	0.5	10	0.7
Itraconazole	706	>5	99.8	11
Voriconazole	349	1.8	58	4.6
Posaconazole	700	2.15	>99	7-25
AmB	924 (<0.4)	-2.8	95-99	0.5-5
L-AmB	924 (0.08)	-2.8	95-99	0.1-0.7
ABLC	924 (1.6-11)	-2.8	95-99	1.1-8.8
5FC	120	-2.34	5	0.6-2.2
Anidulafungin	1140	-3.32	98	0.8
Caspofungin	1093	-3.88	97	0.15
Micafungin	1291	-1.62	99.8	0.24

# Antifungal Tissue Site PK and Relevance

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<u>Sites</u>	<u>Organism</u>	<u>PK</u>	<u>Relevance</u>
Urine			
CNS			
Eye			
Lung			

# Urine Antibacterial PK - Outcome

## Clearance of Bacteruria

## Failure to Clear Urine

Positive Urine

18/20 (90%)

5/13 (38%)

Inhibitory Levels

Stamey et al. Serum versus urinary antimicrobial concentrations in cure of urinary tract infections.

NEJM 1974;291:1159

## Clearance of Bacteruria

Positive Urinary

49/70 (70%)

Inhibitory Levels

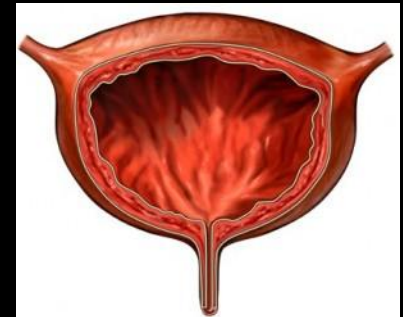
No Urine

0/14 (0%)

Inhibitory Levels

McCabe et al. Treatment of pyelonephritis – bacterial, drug, and host factors in success or failure

among 252 patients. NEJM 1965;272:1037





# Urine Excretion (%) of Antifungals

AmB 3-20%

ABLC 30%

L-AmB 4.5%

Bekersky et al J Clin Pharmacol 2001,  
Bekersky et al AAC 2002

Caspofungin <2%

Anidulafungin

Micafungin

Balani et al Drug Metab Disp

Fluconazole >90% (10X serum)

Itraconazole 1-10%

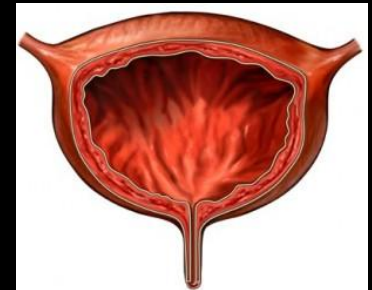
Voriconazole <2%

Posaconazole <1%

Saag et al AAC 1988

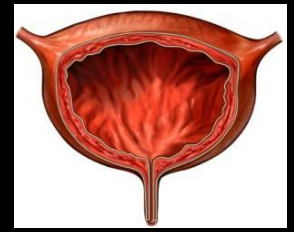
5FC >90%

Polak A et al Chemotherapy 1976



**Candiduria 10% all urine cultures**  
**Most common isolate in ICU**

# Clinical Experience



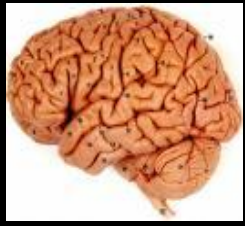
Drug	Eradication
Fluconazole	50-78%
Flucytosine	70%
AmB	72% (single dose)
Lipid AmB	Multiple case failures

Fisher et al CID 2011;52:s457

Sobel et al Clin Infect Dis 2000;30:19-24, Schonebak ISHAM Paris 1971

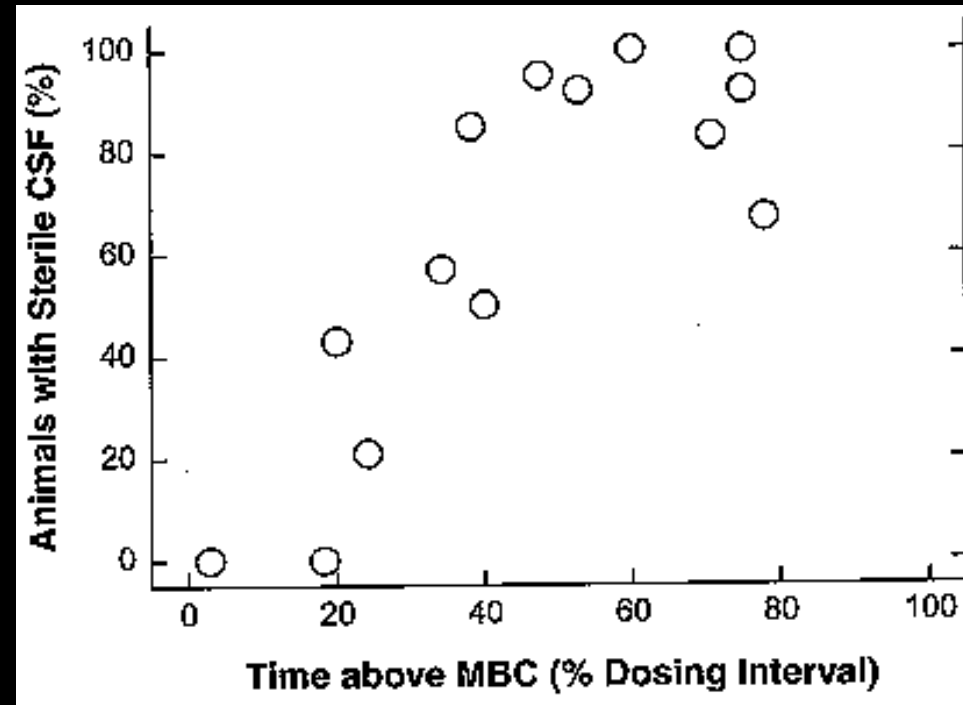
Wise et al Urology 1974;3:708-11, Fisher et al Clin Microbiol Infect 2003;9:1024-7

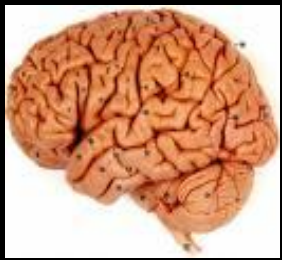
Leu et al Clin Infect Dis 1995;20:1152-7



# CSF Antibacterial Pharmacokinetics and Outcome

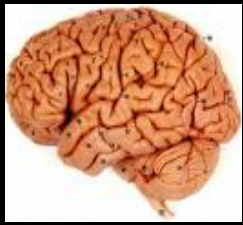
- Beta-lactams
- *S. pneumoniae* meningitis
- CSF  $T > MIC$
- Bacteriologic outcome





# Fungal CNS Involvement

Invasive Candidiasis	15-64%
Invasive Aspergillosis	6% (90% + mortality)
Cryptococcosis	67-84% HIV
Histoplasmosis	5-20% Disseminated
Coccidioidomycosis	25% Disseminated
Blastomycosis	40% HIV

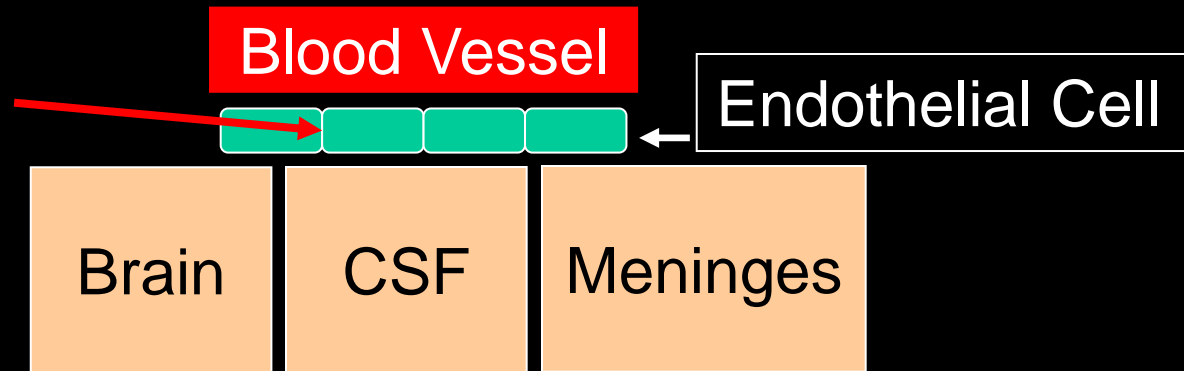


# CNS is Pharmacologically Protected

## Blood:Brain Barrier

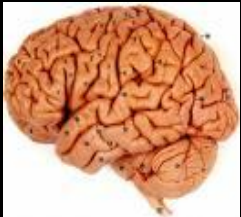
Tight Junction

20 A

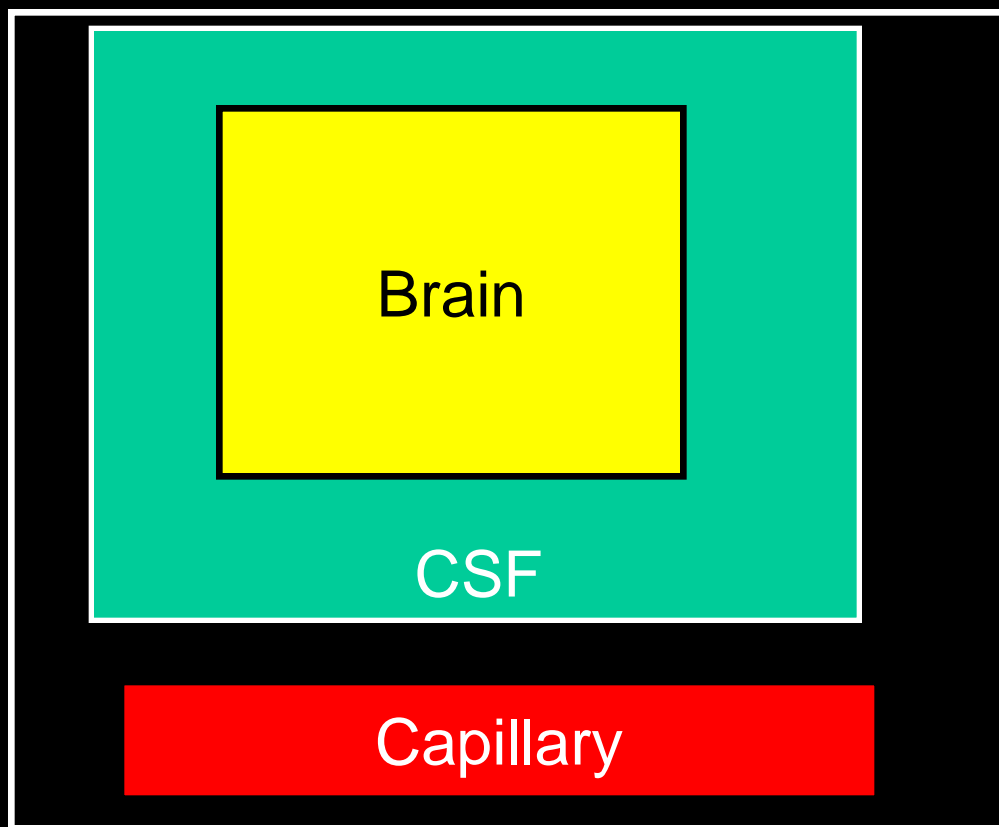


Fenestrated Junction

100 A



# Where is the Fungus in CNS?



## CSF

Candida

Cryptococcus

Histoplasmosis

Blastomycosis

## Meninges and Brain

Candida

Cryptococcus

Histoplasmosis

Blastomycosis

Aspergillus

# Antifungal CSF Penetration

## Formulation

## CSF Conc

AmB

0-4%

LAmB

ABLC

LAmB > AmB and ABLC

Utz et al J Infect Dis 1975, Bindshadler and Bennett J Infect Dis 1969

Fluconazole

>60-90%

Itraconazole

<12%

Voriconazole

60%

Posaconazole

<1%

Brammer KW et al Rev Infect Dis 1990

Verweiji JCM 1999

Purkins 2002

5FC

75%

Utz et al J Infect Dis 1975

# Fluconazole CSF Pharmacokinetics in Cryptococcal Meningitis

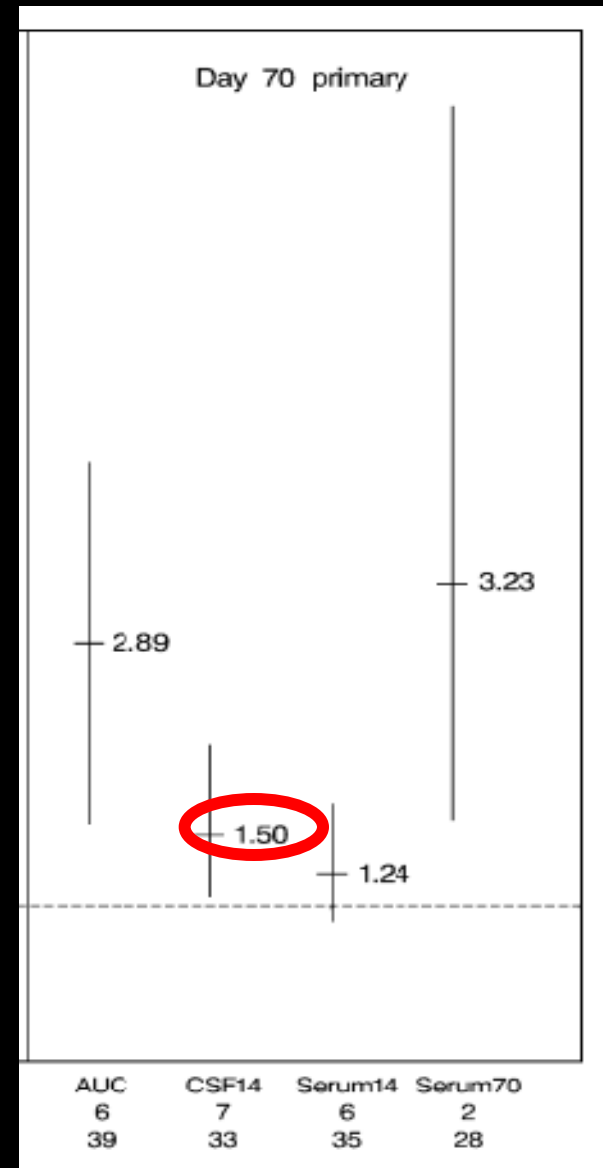
N = 64 with PK

Fluconazole 400 mg and 800 mg

Concentration (mg/L)

Serum	24.7	37.0
CSF	25.1	32.7

Survival associated with both serum and CSF kinetics (p=0.081)





# Antifungal CNS PK Controversy

## Crypto Meningitis - Rabbits

	<u>Serum</u>	<u>CSF</u>	<u>CSF CFU</u>
Itra	12.3	<0.08	1.5 cfu/ml

Fluc 73.3 45.1 0.9 cfu/ml

Perfect et al. Antimicrob Agents Chemother. 1986;29:579

## Cocci Meningitis - Rabbits

	<u>Serum</u>	<u>CSF</u>	<u>CSF CFU</u>	<u>Brain CFU</u>
Fluc	40	30	0	1.2
Itra	2.51	0	0	1.5

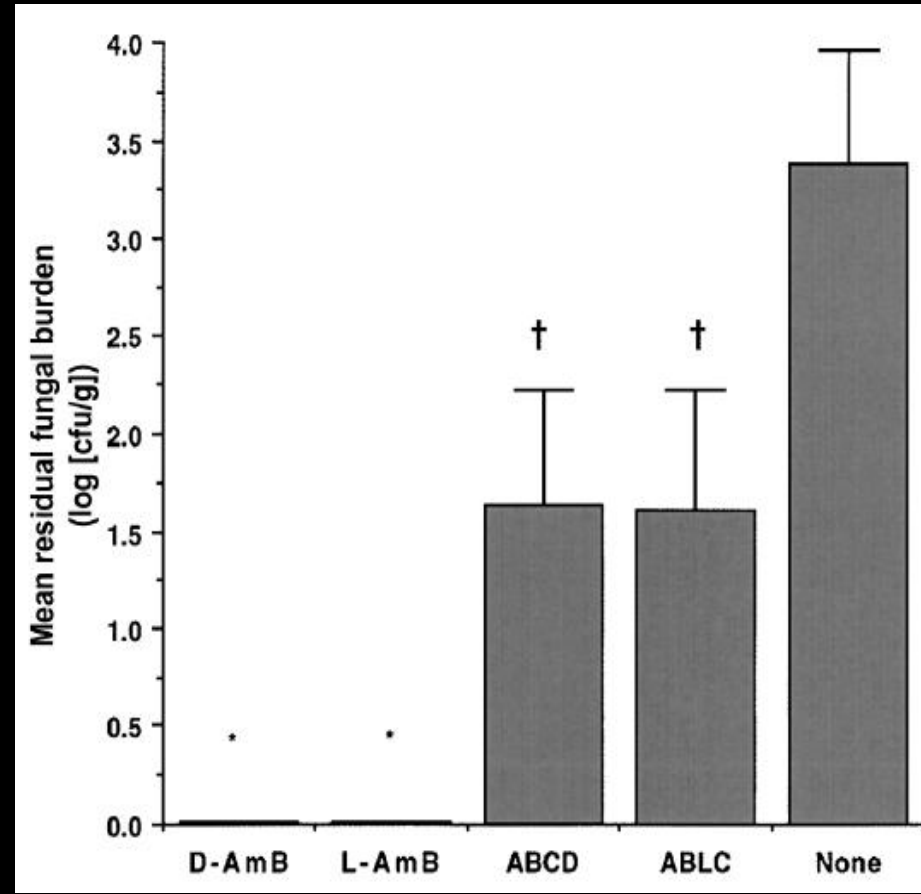
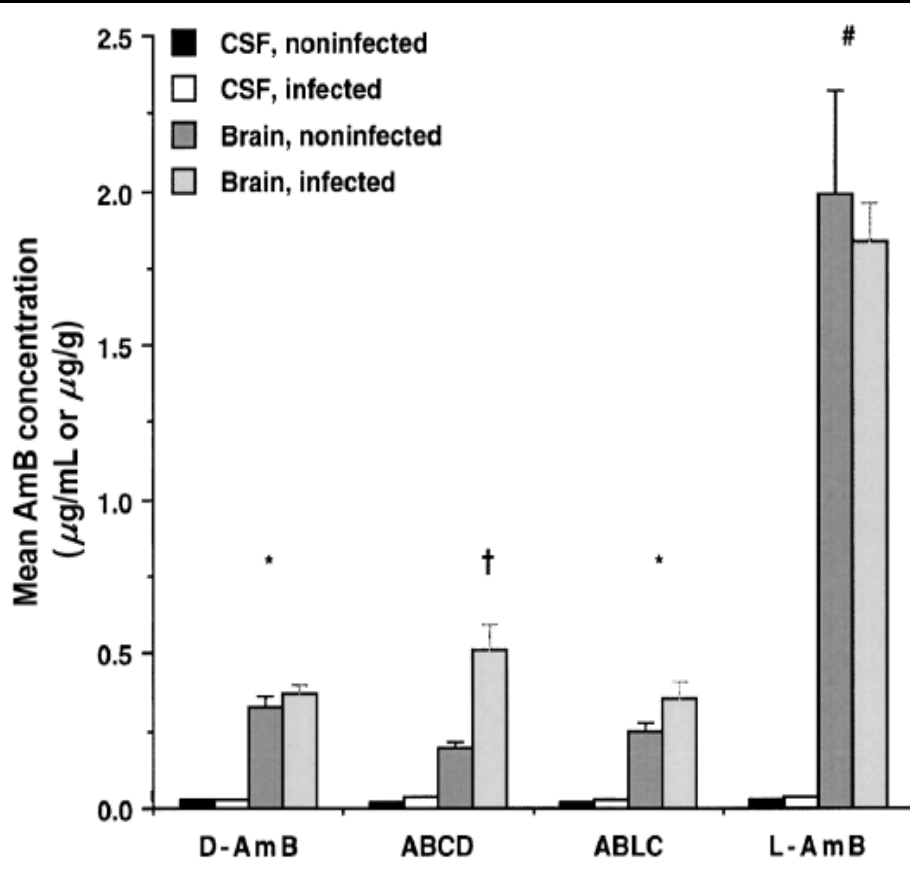
Sorensen et al. Antimicrob. Agetns Chemother. 2000;44:1512

**Rabbits**



# Comparison of ABLC and LAmB

## CNS Kinetics and Effect



Rabbits, *Candida meningitis*

# Clinical Experience Lipid vs AmB

1] Retrospective, transplant cryptococcal meningitis (N=75)

- Mortality AmB 73% vs LAmB 27%,  $p=0.007$
- LAmB survival advantage OR 0.11 95% CI 0.02-0.57,  $p=0.008$

2] Leenders more rapid sterilization with LAmB vs AmB (n=28,  $p<0.05$ )

3] Sharkey = ABLC vs AMB, equivalent

4] Hamill LAmB = AMB, no significant difference

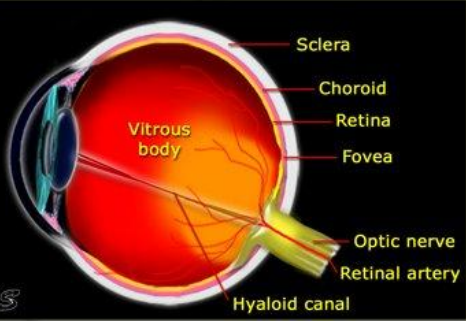
# Clinical Experience Voriconazole

- 1] Retrospective, CNS IFI (mostly aspergillosis N = 192)
  - 48% response (much better than historical control)
  - Primary therapy success in 63% versus 45% for salvage (p = 0.06 NS).

2] *Exerohilum* meningitis outbreak (N=391)

Voriconazole and/or LAmB recommended based upon CNS kinetics

**Outcomes from CDC after the shutdown is over!**



# Fungal Ocular Infection

**Endophthalmitis**

**VITREOUS**



**Blood-Ocular Barrier**

**Retina**

**Choroid**

**Chorioretinitis**

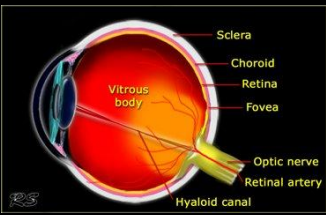
**Capillary**

Candida 3-25%, Aspergillus 1%

# Vitreous Penetration of Antifungals

	<u>Species</u>	<u>Vitreous (mg/L)</u>	<u>%Serum</u>
AmB/L-AmB/ABLC	Rabbit/Human	0-0.47	0-38%
5-FC	Rabbit/Human	10-22	49%
Fluconazole	Rabbit/Human	10-66	50-75%
Itraconazole	Rabbit	0.22	10%
Voriconazole	Human	0.81	38%
Micafungin	Rabbit	0.06-0.16	<1%
Caspofungin	Human	0	0

Goldblum et al AAC 2002, Louie et al AAC 1999, O'Day et al Arch Ophthal, Fisher et al JID 1983, Walsh et al Invest Ophthal Vis Sci, Hariprasad et al Arch Ophthalmol 2004, Groll AH et al AAC 2001, Savani et al AAC 1987, Mian et al J Ocul Pharmacol Ther, Abe J Eye 1991



# Clinical Experience

Drug

Efficacy

AmB

Failures common

Fluconazole

>90% (N >100)

Voriconazole

80-90% (N<10)

Echinocandins

0-55% (N=20s)

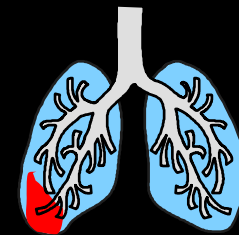
Riddell et al CID 2011;52:648

Fishman et al NEJM 1972;286:675, Bisbe et al CID 1992;15:910, Akler et al CID 1995;20:657  
Breit et al Am J Ophthalmol 2005;19:485, Gauthier et al CID 2005;41:27, Reboli et al NEJM 2007;356:2472  
Mora-Duarte et al NEJM 2002;347:2020, Pappas et al CID 2007;45:883, Betts et al CID 2009;48:1676

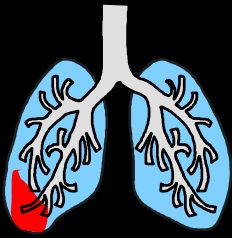
# Differential Antibacterial Pneumonia Activity



Oxazolidinone  
and MRSA

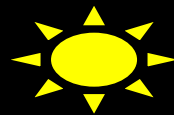






# Antimicrobial Lung Kinetics

## ALVEOLAR LUMEN



Pulm Aveolar Macrophage

Epithelial Lining Fluid

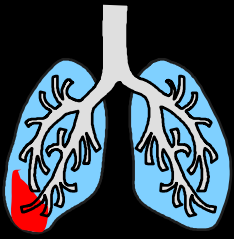


Resp Epithelial Cells

Interstitial Fluid



Capillary



# Fungal Lung Involvement

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Most common infection site for *Aspergillus*,  
*Histoplasma*, *Blastomyces*, *Coccidioides*,  
*Zygomycetes*

# Lung Penetration of Antifungals

Formulation	Lung Conc
Voriconazole	14.7 ug/g (n = 7)
Itraconazole	4 X serum

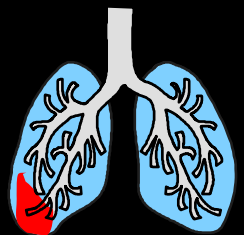
AmB	13 ug/g	10% serum
ABLC	222 ug/g	Pennington AAC 1974 (Dogs)
L-AmB	176 ug/g	

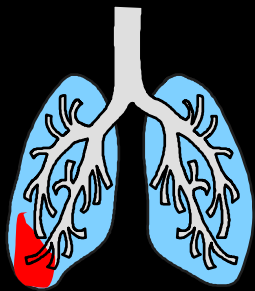
Wong-Beringer Clin Infect Dis 1998

AmB	2 ug/g
ABLC	23 ug/g
L-AmB	1 ug/g

Mitot et al Crit Care Med 2000

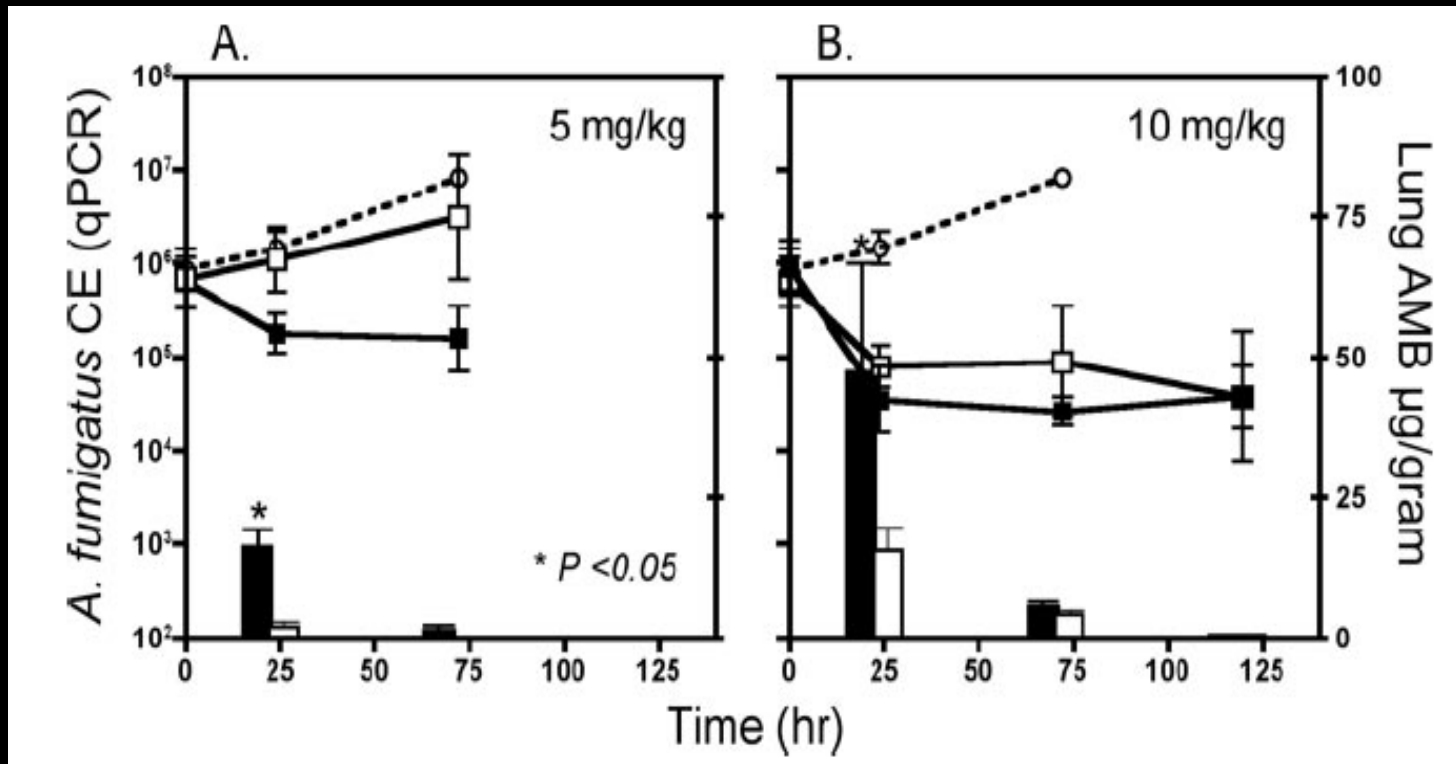
5FC 75% serum





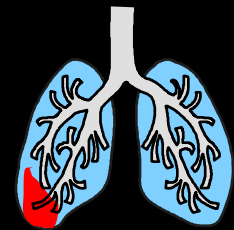
# Comparison of ABLC and LAmB

## Lung Kinetics and Effect



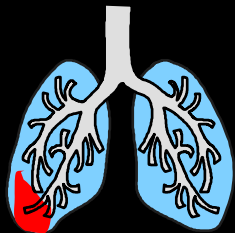
LAmB □

ABLC ■



# Clinical Experience

- Patients with leukemia and presumed and proven IFIs
- ABLC vs LAMB
- Subgroup (n = 15) with pulmonary IFIs demonstrated a nonsignificant trend toward greater clinical response with ABLC 80% vs LAmB 56%  $p = 0.36$

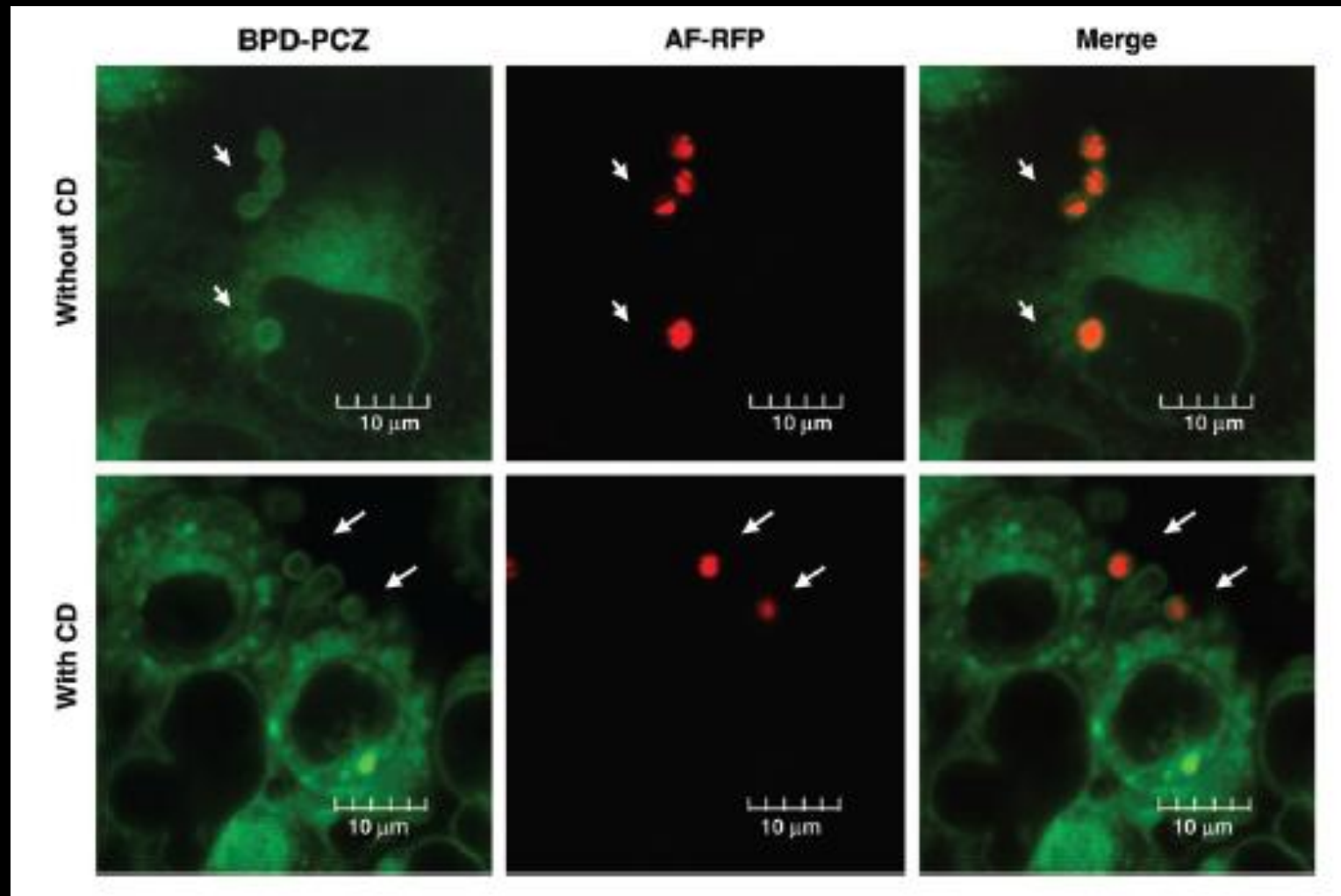


# Human Intrapulmonary Antifungal Kinetics

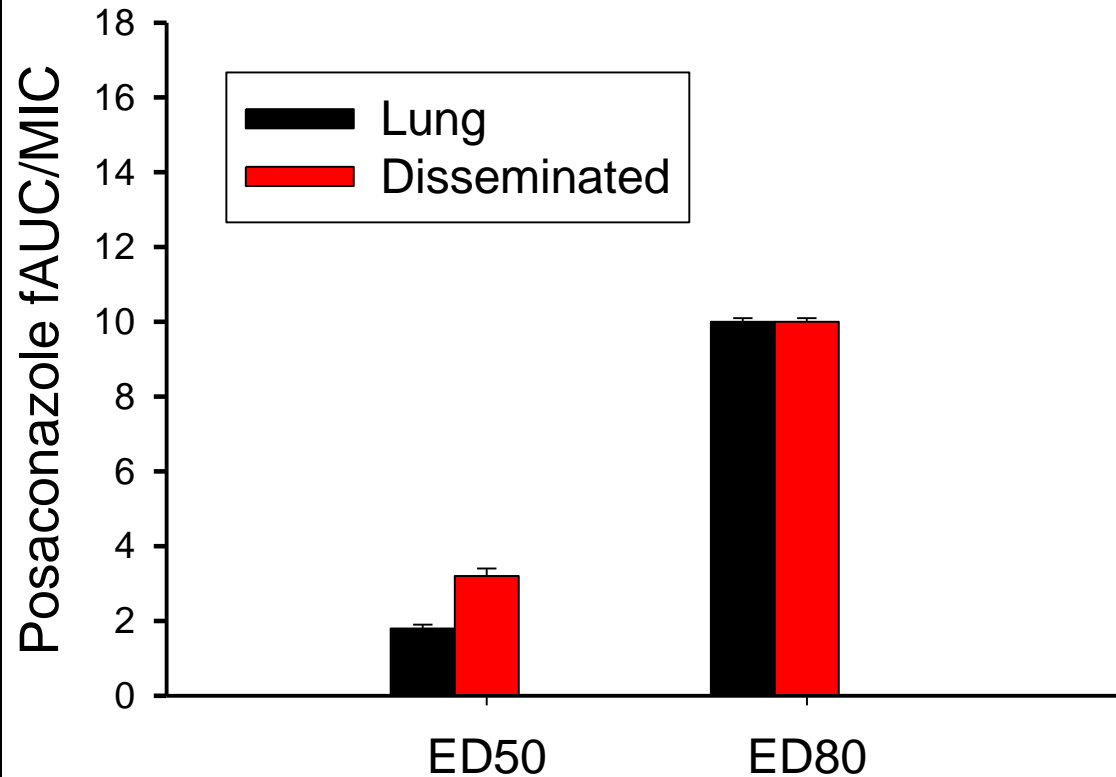
	ELF/Plasma	AM/Plasma
ITC	0.21	2.97
OH-ITC	0.31	2.22
PCZ	0.83	32.6
VCZ	7.13	4.50
ANID	0.20	14.15
MICA	0.04	4.10

*\* based on  $AUC_{\tau}$*

# Concentration and Effect of Posaconazole within Host Cell Membranes



# Posaconazole Lung and Dissemination - Treatment



ELF:Blood Ratio 0.8  
AM:Blood Ratio 33

Antifungal:  
Posaconazole  
Aspergillosis

Similar in lung and  
disseminated

Lepak AAC 2013;57:579

Mavridou AAC 2010;54:860

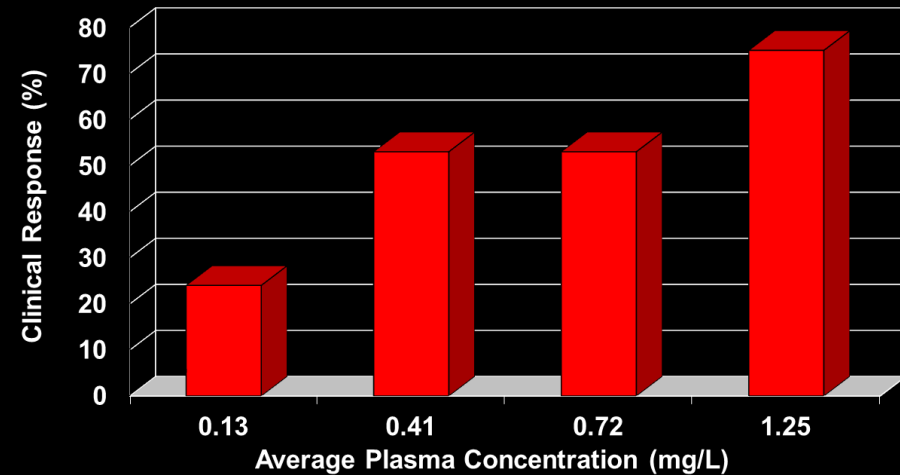
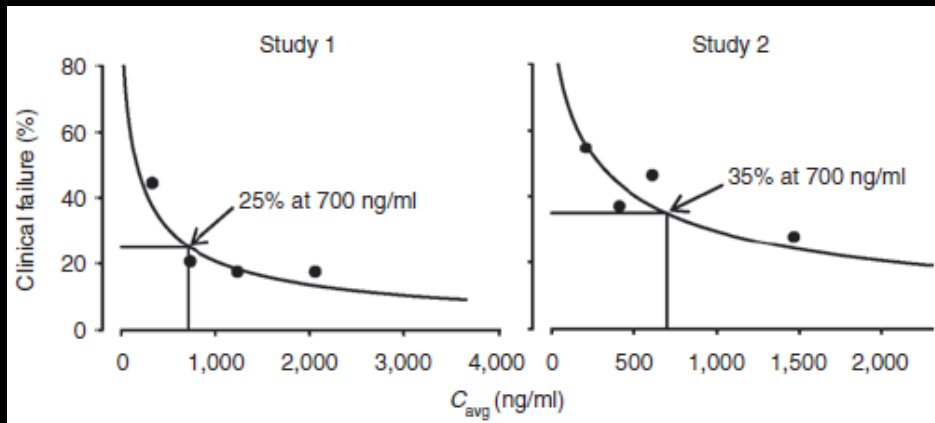
Conte AAC 2009;53:703



# Posaconazole Concentration Effect Prophylaxis vs Therapy

Prophylaxis Goal 0.70 mg/L

Treatment Goal >1.0 mg/L



# Concluding Thoughts

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- Antifungal drugs vary in their ability to accumulate in various organs due to distinct physiochemical properties.
- For many body sites, serum concentrations are a good surrogate of tissue concentrations.
- Exceptions for antifungals include the urine, vitreous, CNS, and lung
- There is a reasonable correlation between tissue site kinetics and efficacy.
- However, for organs with multiple kinetic compartments additional studies are needed to define the optimal tissue or cellular compartment.