

# Research priorities in medical mycology

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# Agenda

How many patients are there with serious fungal infection?

Acute versus recurrent versus chronic infection

Diagnostics - progress and gaps

Risk evaluation using genetics - how likely?

Prophylaxis versus vaccines

Antifungal resistance and new antifungals

Funding issues

Conclusions

# The size of the problem

Over 300 million people affected by serious **Fungal Infection** worldwide

[www.fungalresearchtrust.org/HowCommonareFungalDiseases2.pdf](http://www.fungalresearchtrust.org/HowCommonareFungalDiseases2.pdf)



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# The size of the problem

Fungal Infection	Global burden of serious fungal infection (estimates by underlying disease)				
	None	HIV/AIDS	Respiratory	Immune deficit / Cancer	Critical care
Cryptococcal meningitis					
Pneumocystis pneumonia					
Invasive aspergillosis					
Chronic pulmonary aspergillosis					
Fungal eye infection					
Fungal hair infection					



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# The size of the problem

Fungal Infection	Global burden of serious fungal infection (estimates by underlying disease)				
	None	HIV/AIDS	Respiratory	Immune deficit / Cancer	Critical care
Cryptococcal meningitis	1,000's	1,000,000		1,000's	
Pneumocystis pneumonia		>200,000		>100,000	
Invasive aspergillosis			>100,000	>50,000	>50,000
Chronic pulmonary aspergillosis			3,000,000		
Fungal eye infection	1,000,000				
Fungal hair infection	200 million				



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<b>Candida infections</b>					
Oral thrush					
Oesophageal candidiasis					
Candida vaginitis 4x/yr	>75 million				
Candida bloodstream infection					



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Fungal Infection	Global burden of serious fungal infection (estimates by underlying disease)				
	None	HIV/AIDS	Respiratory	Immune deficit / Cancer	Critical care
<b>Candida infections</b>					
Oral thrush		9,500,000	100,000's	millions	
Oesophageal candidiasis		2,000,000			
Candida vaginitis 4x/yr	>75 million				
Candida bloodstream infection				100,000	200,000
<b>Allergic lung disease</b>					
ABPA			4,000,000		
SAFS			>3,500,000		



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# The severity of the problem

## Deaths per year

- Cryptococcal meningitis – 10% death rate in the USA, >80% in Africa. 600,000 deaths.
- Invasive aspergillosis – 50% mortality treated, 100% if not. >100,000 deaths
- Chronic pulmonary aspergillosis – 15% annual mortality, 450,000 deaths.
- Pneumocystis pneumonia - ~15% mortality in AIDS, ~50% non-AIDS, >80,000 deaths.
- Candida bloodstream infection - ~40% mortality, 120,000 deaths
- SAFS – increased risk of asthmatic death (estimated to be 100,000 annually worldwide)



# Reality check with TB

	<b>TB (2008)</b>	<b>Fungal Infection</b>
<b>Incident cases</b>	<b>9-10 million</b>	<b>&gt;14 million</b>
<b>Prevalent cases</b>	<b>10-13 million</b>	<b>~285 million</b>
<b>HIV related deaths</b>	<b>~550,000</b>	<b>~650,000</b>
<b>Non-HIV related deaths</b>	<b>~1,500,000</b>	<b>&gt;700,000</b>

# Chronic fungal infections

Fungal Infection	Global burden of serious fungal infection (estimates by underlying disease)				
	None	HIV/AIDS	Respiratory	Immune deficit / Cancer	Critical care
Cryptococcal meningitis	1,000's	1,000,000		1,000's	
Pneumocystis pneumonia		>200,000		>100,000	
Invasive aspergillosis			>100,000	>50,000	>50,000
Chronic pulmonary aspergillosis			3,000,000		
Fungal eye infection	1,000,000				
Fungal hair infection	200 million				



# Recurrent and chronic fungal infections

Fungal Infection	Global burden of serious fungal infection (estimates by underlying disease)				
	None	HIV/AIDS	Respiratory	Immune deficit / Cancer	Critical care
<b>Candida infections</b>					
Oral thrush		9,500,000	100,000's	millions	
Oesophageal candidiasis		2,000,000			
Candida vaginitis 4x/yr	>75 million				
Candida bloodstream infection				100,000	200,000
<b>Allergic lung disease</b>					
ABPA			4,000,000		
SAFS			>3,500,000		

# The severity of the problem

## III health and morbidity

- Oral and oesophageal thrush – unpleasant, reduced food intake and weight loss.
- Candida vaginitis – anxiety and impaired sex life
- ABPA and SAFS – breathlessness with severe asthma, reducing work capability
- Chronic pulmonary aspergillosis – progressive breathlessness and weight loss
- Fungal eye infection – unilateral blindness
- Fungal hair infection – psychological problems and contagious



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# Fungal Infection Impact

No studies assessing:

Disability Adjusted Life Years (DALY)

Quality Adjusted Life Years (QALY)

Quality-adjusted life expectancy (QALE)

Population health-related quality of life (HRQOL)

# Diagnostic improvements in fungal diagnosis in last 20 years

- Aspergillus antigen testing
- Susceptibility testing of Candida and Aspergillus
- Chromagar
- CT scanning of the chest
- PCR for Pneumocystis, Aspergillus, Candida and Trichophyton
- Molecular identification of fungi and discovery of numerous cryptic species
- Direct identification from blood culture or agar plates
- Rapid dip-stick test for cryptococcal meningitis

# Limitations of current diagnostics

- a) insensitive
- b) slow

# Rapid diagnostic approaches

	Candida	Aspergillus	Mucorales	PCP
CRP	+/-	+/-	-	-
CT scan	+/-	++	+	-
Microscopy	+/-	+	++	++/+
GM antigen	-	++	-	-
Glucan	++	+	-	++
Antibody	+/-	+/-	-	-
PCR	+++	++	?+	+++



## Candida blood cultures - performance of lysis centrifugation system

Autopsy diagnosis	Proportion B/C +ve (%)	Number of B/C drawn (median per pt)	Time to +ve (mean days)
Single organ	5/18 (28%)	11 (1-40)	3.2 (2-5)
Disseminated	11/19 (58%)	17 (6-55)	2.6 (1-4)
All	16/37 (43%)	-	-

# Impact of fluconazole on *Candida* blood cultures in leukaemia

Sensitivity of blood culture for diagnosis of *Candida* species.

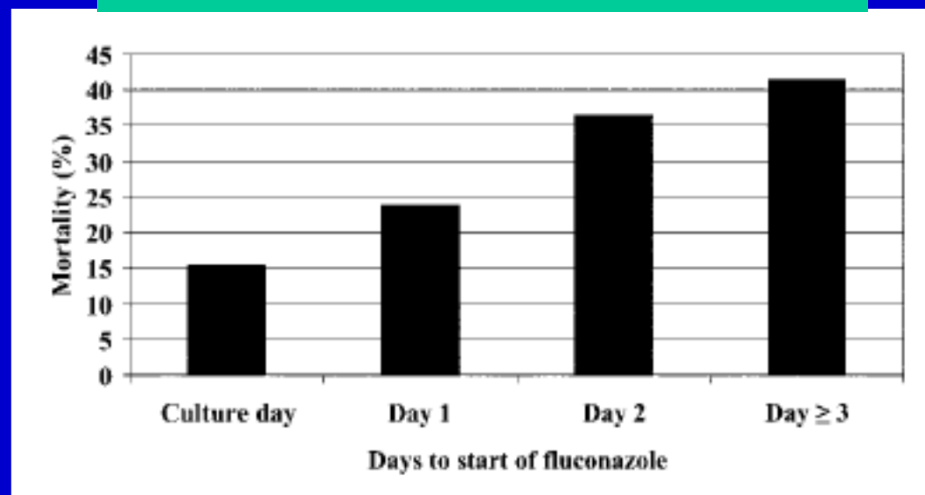
Year	Number of cases	<i>Candida albicans</i> *	Other <i>Candida</i> spp.
1980-84	33	6/16	3/3
1985-89	32	1/13	3/7
1990-94	19	1/6	3/8
1995-99	10	0/2	2/6
Total	94	8/37**	11/24**

Autopsy proven cases of disseminated candidiasis -  
20/94 (21%) with IC had a positive blood culture

Impact of fluconazole on negative cultures  
 $P = 0.018$  for all *Candida* species and  
 $P = 0.0086$  for *C. albicans*

# Early treatment critical to good outcome

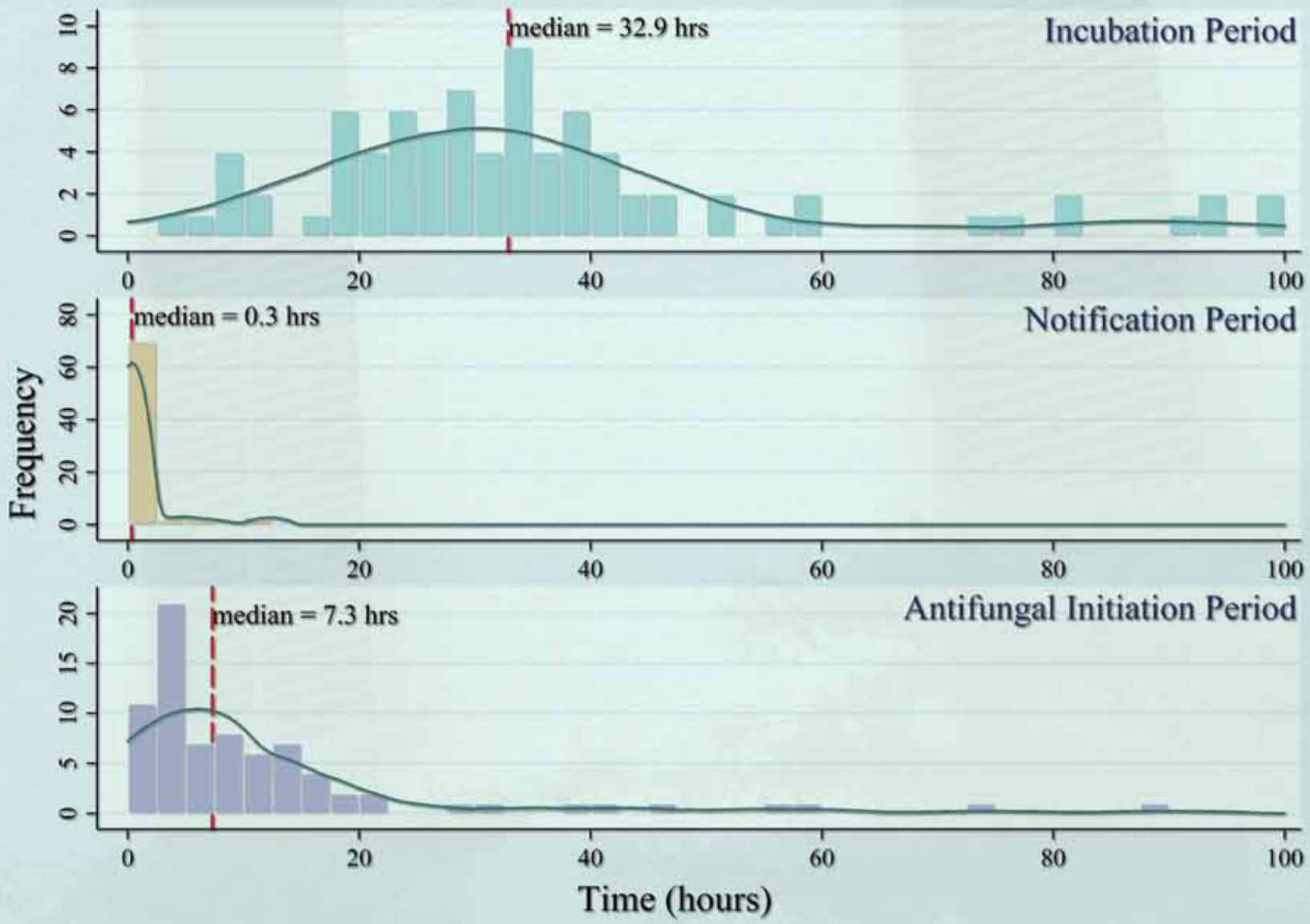
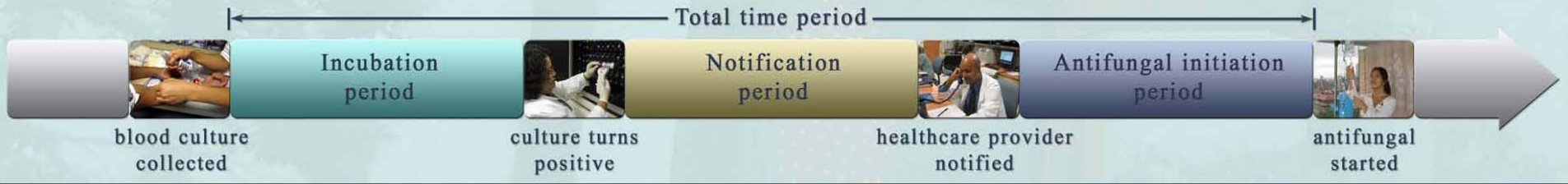
## Candidaemia



	Mortality rate from time of blood draw that later turns positive				
	Rx in <12 hrs	Rx in 12-24 hrs	Rx in 24-48 hrs	Rx >48 hrs	Rx >72 hrs
Morell, 2005	11.1%	30%	32.6%	34.5%	-
Garey, 2006	15.4%	23.7%	36.4%	41.4%	

25%

25%



**ICAAC 2007 K-2173**

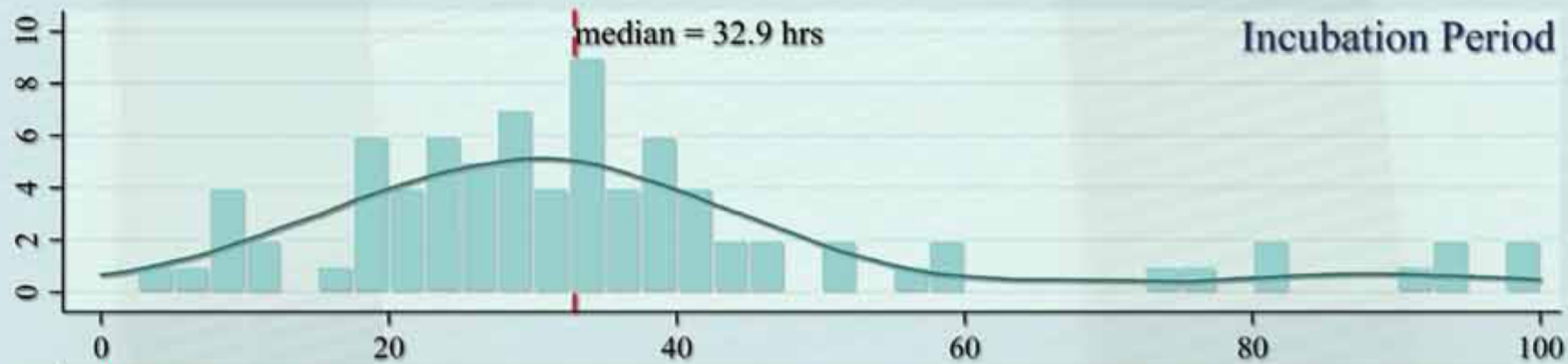
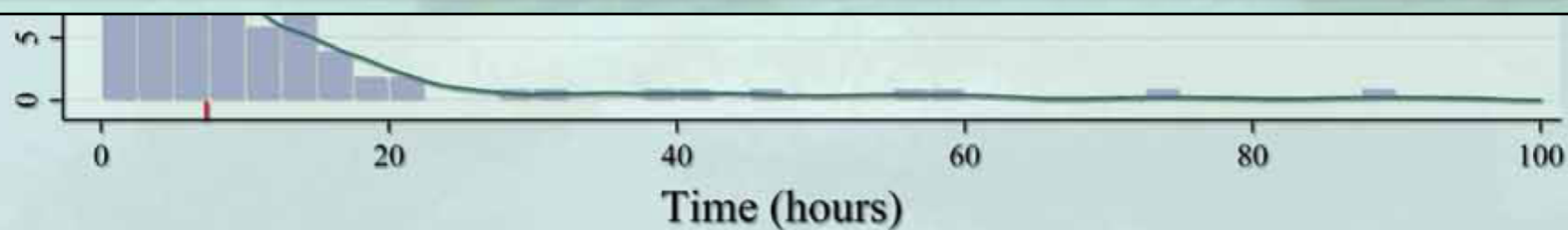


Table 3: Multivariate Predictors of Hospital Mortality

<u>Variable</u>	<u>Multivariate Haz. Ratio</u>	<u>P-value</u>	<u>95% CI</u>
Age (per year)	1.036	0.041	(1.001-1.073)
APACHE III (per point)	1.009	0.474	(0.984-1.035)
Incubation period (per hour)	1.021	0.021	(1.003-1.039)

**This equates to an 2.4% increase in mortality per incubation hour**



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# Meta-analysis of PCR for candidaemia and invasive candidiasis

## PCR Diagnosis of Invasive Candidiasis: Systematic Review and Meta-Analysis<sup>▽†</sup>

Tomer Avni,<sup>1\*</sup> Leonard Leibovici,<sup>1</sup> and Mical Paul<sup>2</sup>

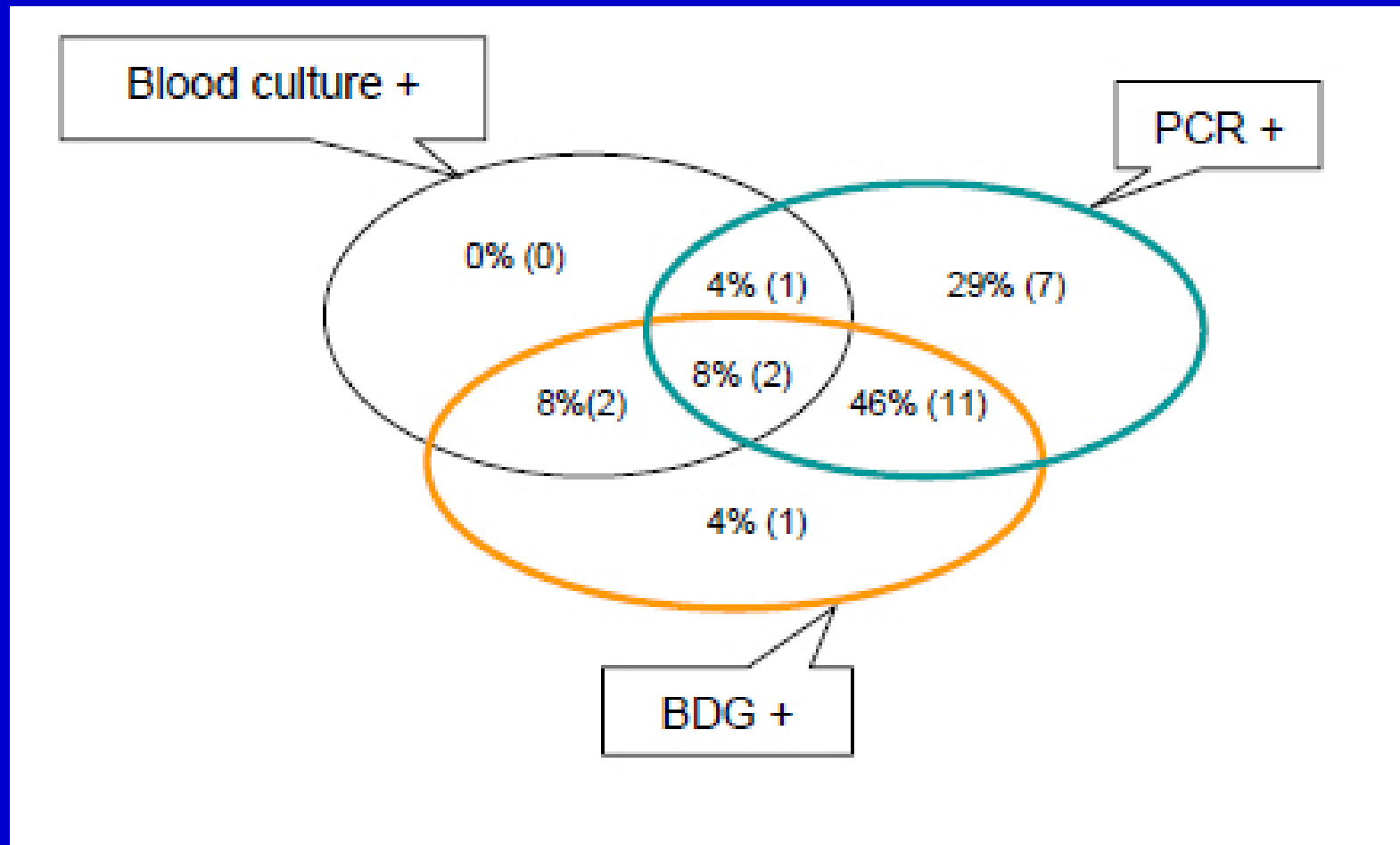
*Medicine E<sup>1</sup> and Unit of Infectious Diseases,<sup>2</sup> Rabin Medical Center, Beilinson Hospital and Sackler Faculty of Medicine, Tel-Aviv University, Tel Aviv, Israel*

or specificity values. We included 54 studies with 4,694 patients, 963 of whom had proven/probable or possible IC. Perfect (100%) sensitivity and specificity for PCR in whole-blood samples was observed when patients with cases had candidemia and controls were healthy people. When PCR was performed to evaluate patients with suspected invasive candidiasis, the pooled sensitivity for the diagnosis of candidemia was 0.95 (confidence interval, 0.88 to 0.98) and the pooled specificity was 0.92 (0.88 to 0.95). A specificity of >90% was maintained

targets and a PCR detection limit of  $\leq 10$  CFU/ml were associated with improved test performance. PCR positivity rates among patients with proven or probable IC were 85% (78 to 91%), while blood cultures were positive for 38% (29 to 46%). We conclude that direct PCR using blood samples had good sensitivity and



# Diagnosis of candidaemia and invasive candidiasis with glucan and serum PCR



# Direct detection of resistance mutations in clinical specimens, without positive cultures

Laboratory result	ABPA	CPA	Normals
Culture positive for <i>A. fumigatus</i>	0/19	7/42 (16.7%)	0/11
qPCR positive for <i>Aspergillus</i> spp	15/19 (78.9%)	30/42 (71.4%)	4/11 (36.4%)
<i>A. fumigatus</i> CYP51A mutation detected directly from qPCR positive sample	6/8 (75%)	12/24 (50%)	NT



# Evaluation of processing methods for Aspergillus - sputa and bronchoscopy samples

## Literature review

No papers

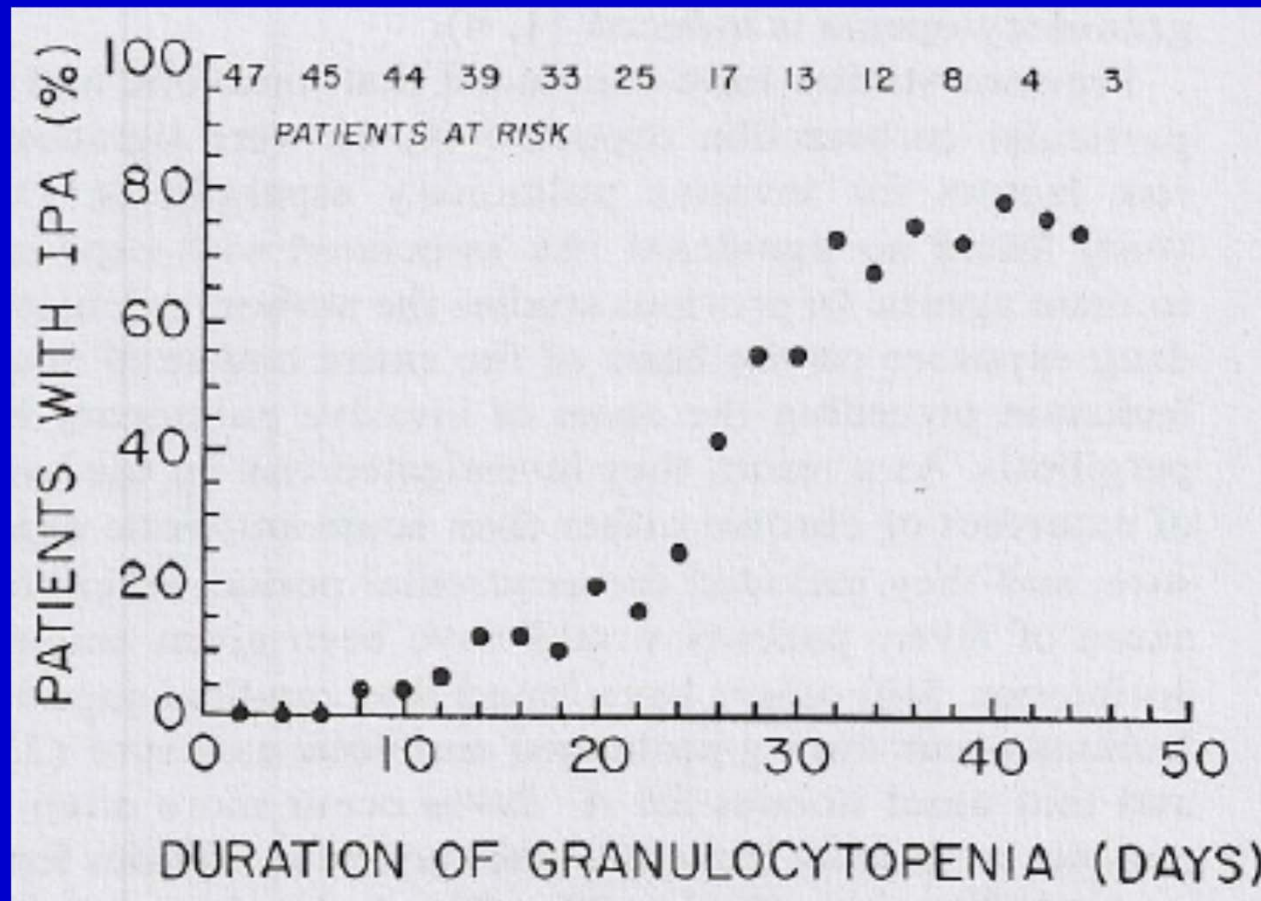
# Invasive fungal disease risk assessment

## Can we do it with genetics?

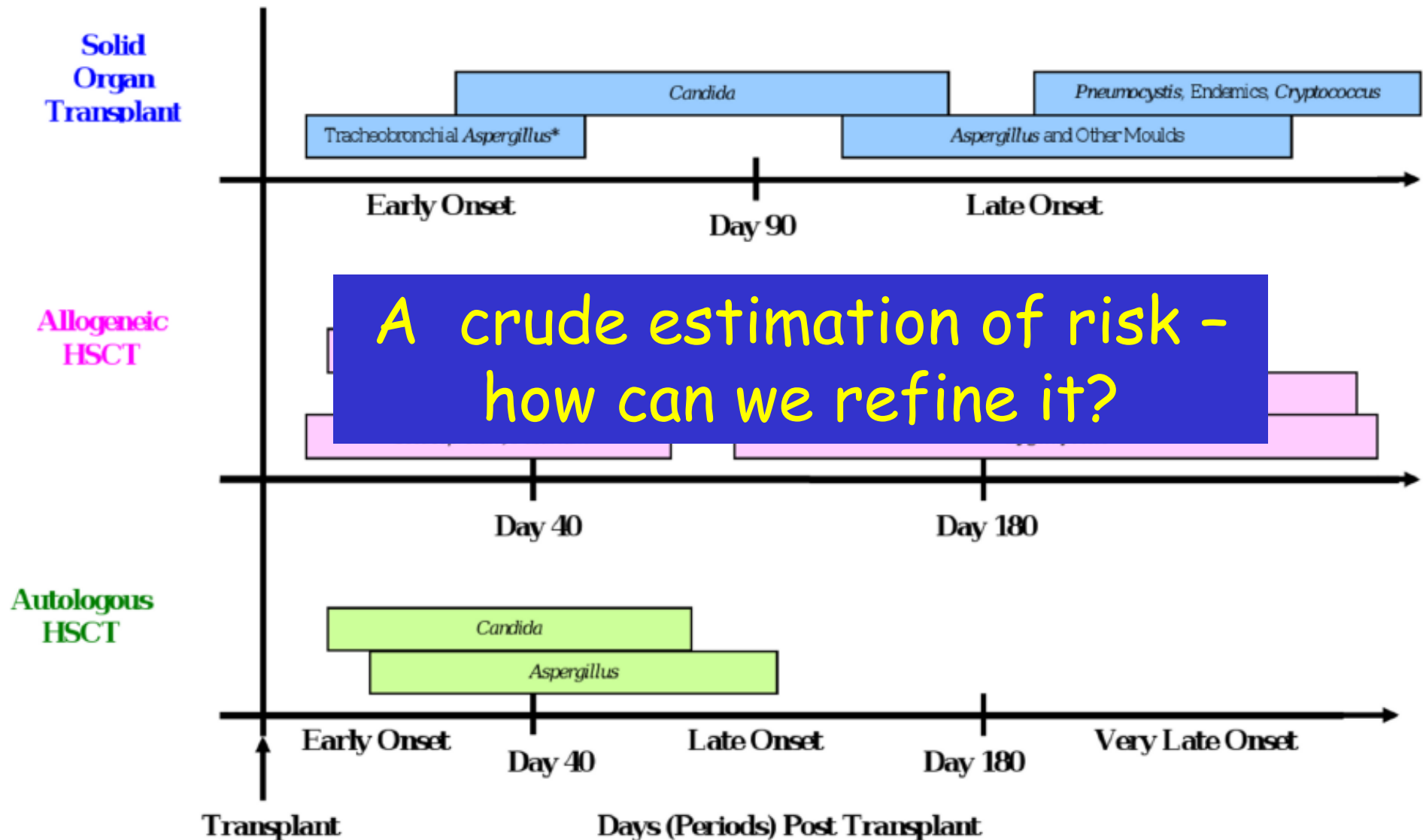
# Invasive aspergillosis: Time of diagnosis

A single centre case control study :

- IA based on radiology (CXR) and clinical features



# Risk period of fungal disease



# Genetic risks

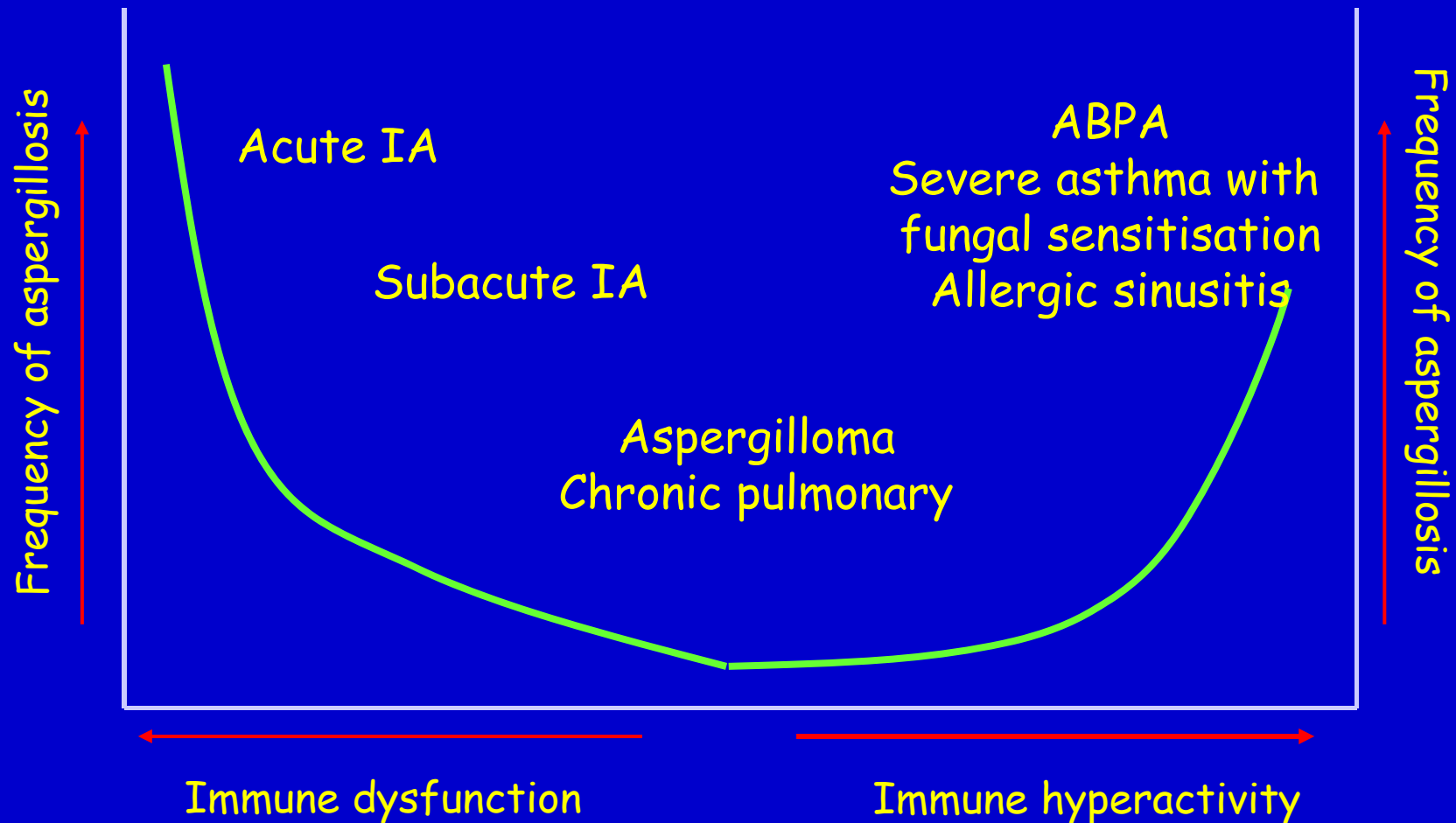
**Table 1**

Association between defined genetic polymorphisms and an increased risk to suffer from diseases caused by *A. fumigatus*.

Gene	dbSNP number	SNP position	Asp pos.	Asp neg.	Statistics	Population	Disease	Reference
<b>CXCL10</b> (4q21)	rs1554013	11101 C/T <sup>a</sup> [Downstream]	51	49	$p = 0,007$ <u>OR = 2.2</u> CI = 1,2–3,8	Caucasian (retrospective)	IA after HSCT [EORTC/IFICG]	Mezger et al. (2008)
	rs3921	1642 C/G <sup>a</sup> [3' UTR]	39	46	$p = 0,003$ <u>OR = 2.6</u> CI = 1,4–5,0			
	rs4257674	-1101 A/G <sup>a</sup> [Promotor]	52	44	$p = 0,001$ <u>OR = 2.8</u> CI = 1,6–5,2			
<b>IFN-<math>\gamma</math></b> (12q14)	rs2069705	-1616 C/T <sup>a</sup> [Promotor]	69	56	$p = 0,010$ <u>OR = 2.0</u> CI = 1,2–3,4			
	rs1800896	-1082 A/G [Promotor]	58	55	$p = 0,046$ <u>OR = 1.7</u> CI = 1,0–2,9			
<b>IL-10</b> (1q31-q32)	rs1878672	2068 C/G <sup>a</sup> [Intron]	67	57	$p = 0,025$ <u>OR = 1.8</u> CI = 1,1–2,9	Caucasian (retrospective)	colonization with <i>A.</i> <i>fumigatus</i> or ABPA after CF	Brouard et al. (2005)
	rs1800896	-1082 A/G [Promotor]	119 <i>Af</i> col, 27 ABPA	232	$p = 0,020$ <u>OR = 1.7</u> CI = 1,1–2,5			
	rs1800896 rs1800871 rs1800872 (haplotype)	-1082 A/G -819 C/T -592 A/C [Promotor]	9	96	$p = 0,012$ <u>OR = 9.3</u> CI = 1,6–52,8	Korean (retrospective)	IPA after HSCT [EORTC/MSG]	Seo et al. (2005)
	rs1800896	-1082 A/G [Promotor]	59	61	$p = 0,052$ <u>OR = 1.7</u> CI = 1,0–2,9	Caucasian (prospective)	IPA in haematological patients [EORTC/IFICG]	Sainz et al. (2007b)
<b>IL-1<math>\beta</math></b> (2q14)	rs1143627	-511 C/T [Promotor]	59	51	$p = 0,095$ <u>OR = 1.7</u> CI = 0,9–3,0	Caucasian (retrospective)	IPA in haematological patients [EORTC/IFICG]	Sainz et al. (2008a)
<b>IL-4R<math>\alpha</math></b> (16p12,1-	rs1805010	4679 A/C/G/T [75 I/L/F/V]	40	56	$p = 0,008$	Caucasian	ABPA	Knutsen et al. (2006)

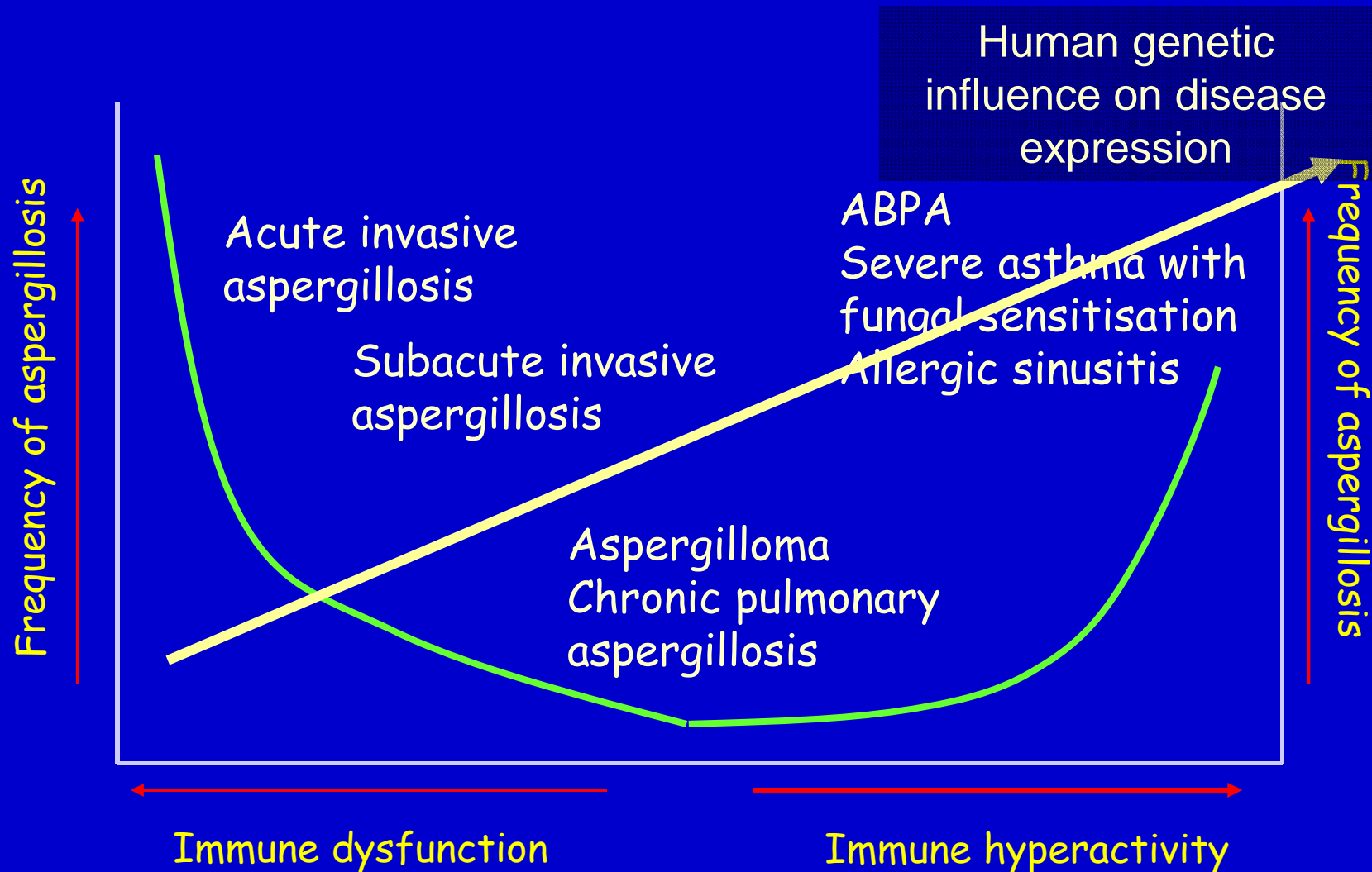
# Interaction of *Aspergillus* with the host

## A unique microbial-host interaction



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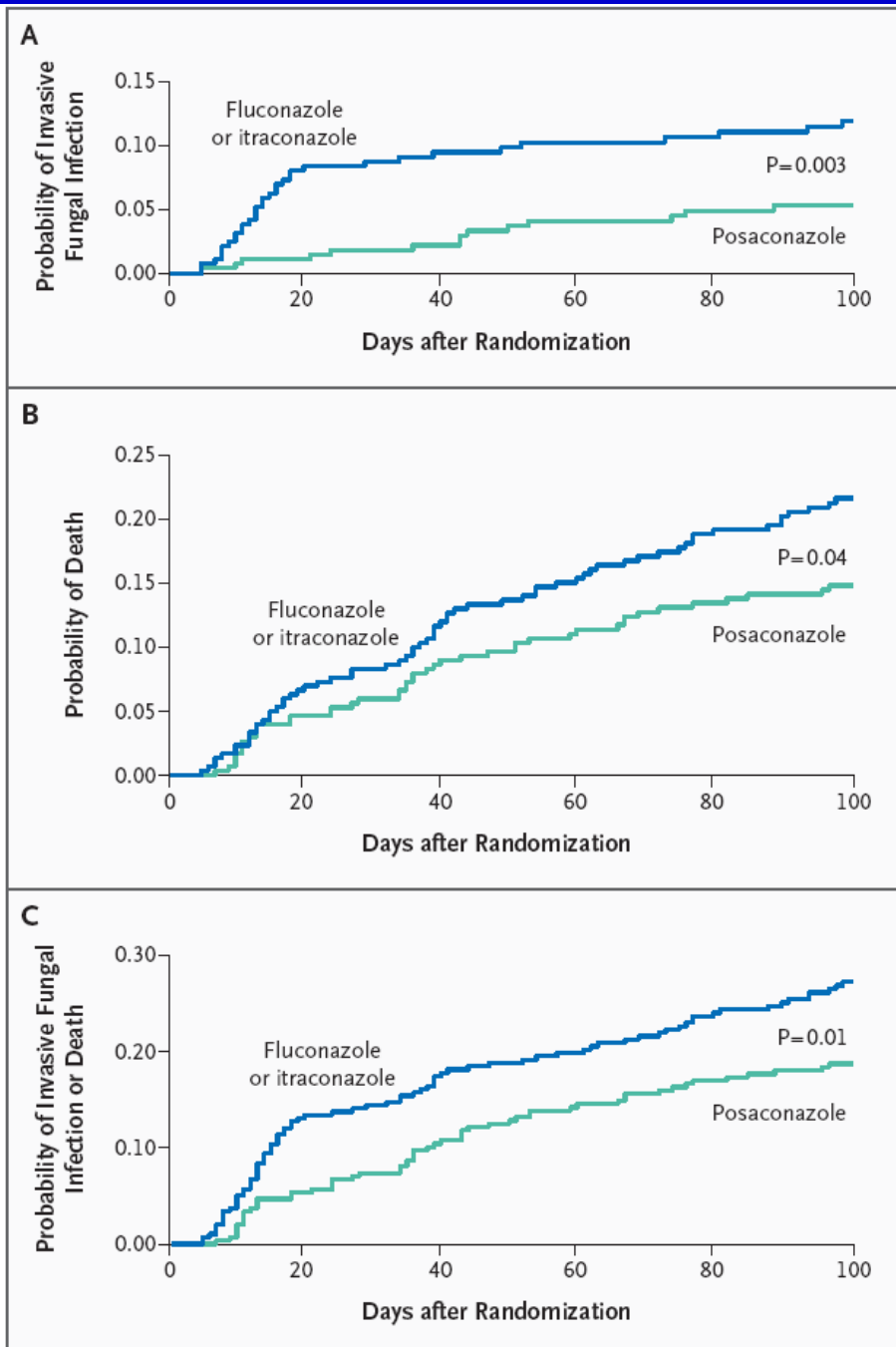


# Making genetics work for patient care

1. Larger studies, across ethnic boundaries
2. Complex statistics (opportunity for many false or non-significant associations)
3. Needs a strong reproducible phenotype
4. Could be used for risk prediction (ie pre-transplant) or prognostication or drug disposition/toxicity
5. Will require integration with other parameters (ie CMV status)
6. Will require expert AI systems to optimise clinical utility

Can we protect patients with  
immunisation?

# Posaconazole prophylaxis in AML



# Aspergillus vaccine approaches in the literature

- Conidia, inactivated and live attenuated
  - partially protective, if not killed
- Heat-killed *Saccharomyces cerevisiae*, parenteral and oral
  - partially protective, and broad spectrum
- Asp f3
  - protective, if administered with adjuvant
- Recombinant Asp f2 and derived peptides
  - Immunodominant T cell epitopes were partially protective
- Beta-glucan-CRM197 conjugates
  - protective in mice challenged with *Candida albicans*
- Dendritic cell vaccines, pulsed with Asp f9, IL12 .
  - partially protective, requiring live cell infusion

# An Aspergillus vaccine for what?

1. Prevent invasive disease? 
2. Improve outcomes of invasive disease (immune augmentation)?
3. Abolish allergic aspergillosis?  
[Immunotherapy]

## Possible endpoints for a phase 3 *Aspergillus* vaccine study

- All cause mortality (likely to be insensitive)
- Aspergillosis-free survival (useful, if IA can be excluded)
- Cases of IA (optimal if IA can be reliably diagnosed)
- Time to development of IA (unlikely to be a regulatory endpoint, and implies loss of protection over time)
- Surrogate marker of IA as key endpoint (blood GM or PCR) (applies only to haematology patients; perhaps not specific enough; GM not species specific)

## Confounders of endpoints for a phase 3 *Aspergillus* vaccine study

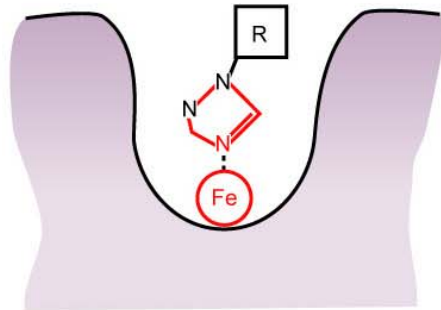
- Antifungal prophylaxis
- Empiric antifungal therapy
- Mixed fungal or bacterial infection
- non-*fumigatus Aspergillus* infection (if *fumigatus* only)
- Ethnic/genetic response characteristics to the vaccine
- Atopic status, including asthma
- Severity and persistence of immunosuppression versus resolution of immunosuppression
- Exaggerated immune response to IA with IRIS-like syndrome, in some vaccinees
- Others

# New antifungal agents and resistance

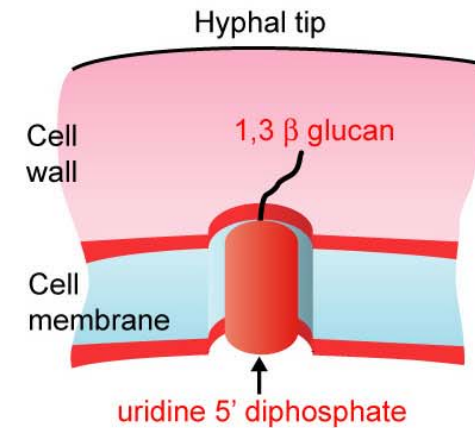


# Current antifungal classes

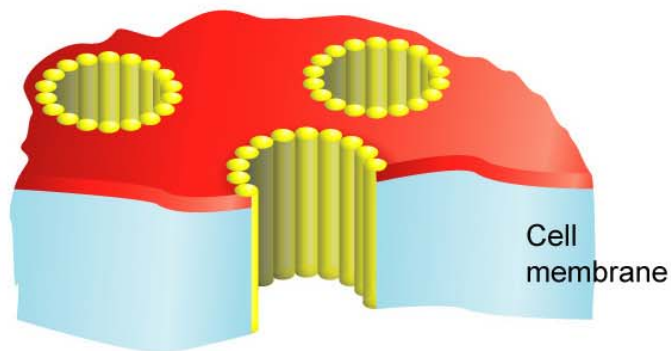
Triazoles



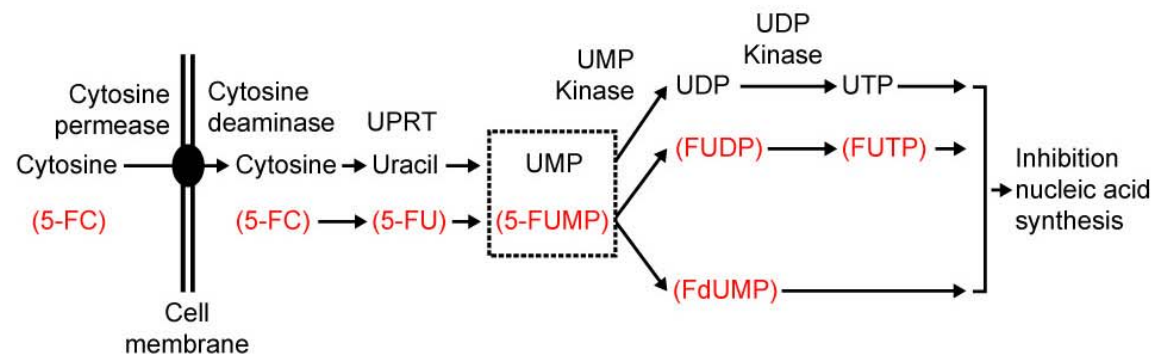
Echinocandins



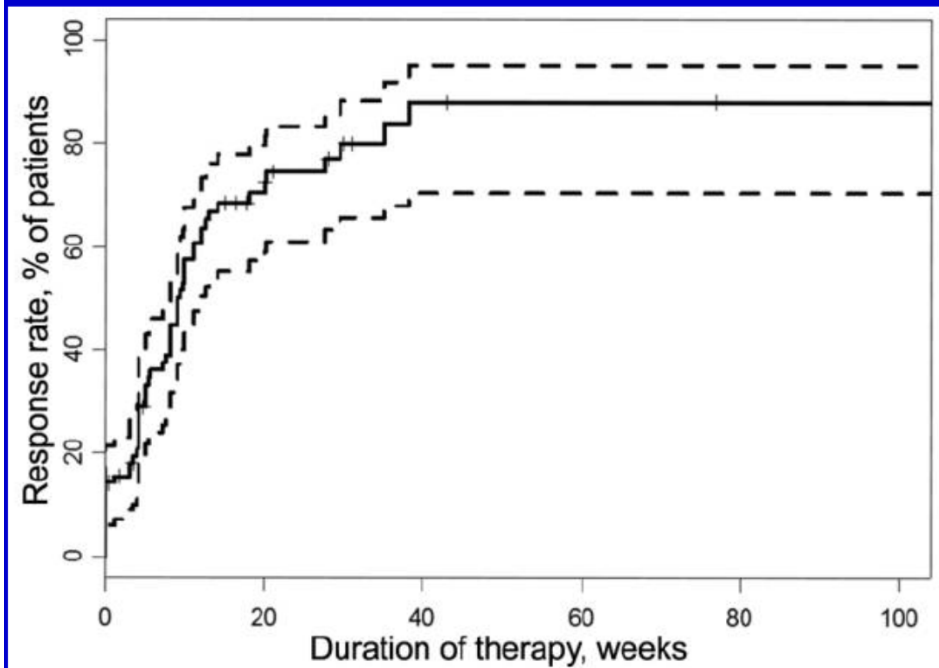
Polyenes



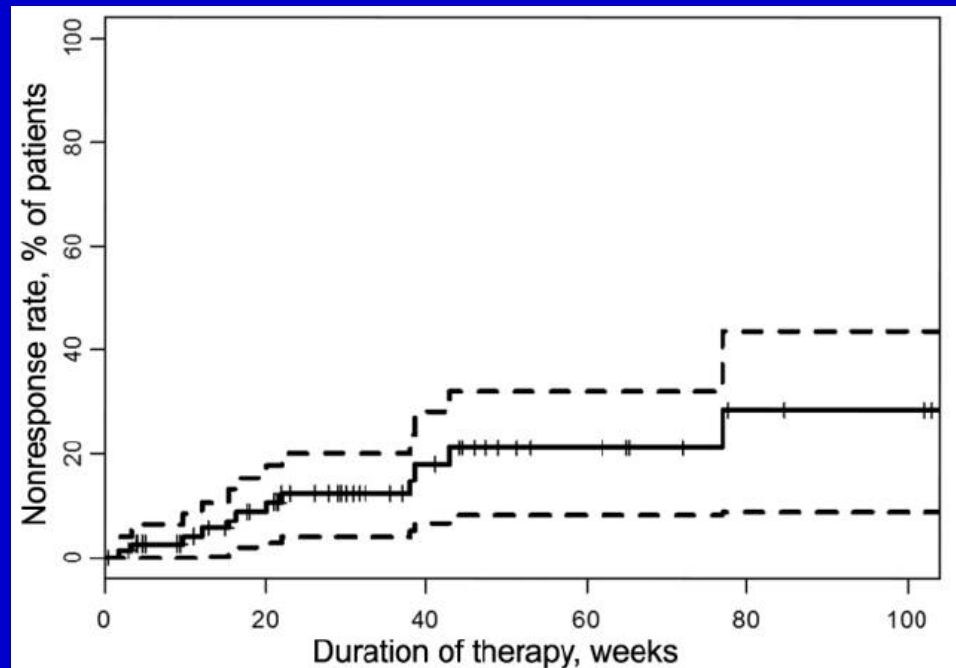
Flucytosine



# Posaconazole for chronic pulmonary aspergillosis



Response



Failure and death

## Box 1. Priorities for development of novel antifungal agents for the treatment of invasive fungal infections

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- Oral compound with activity against all common *Candida* species (including triazole-resistant strains).
- Parenteral or oral compounds with activity against *Cryptococcus neoformans* and penetration into the central nervous system.
- Parenteral and oral compounds with activity against *Aspergillus* spp., including triazole-resistant species. Ideally, compounds should have few drug interactions, and should be safe in patients with renal or hepatic impairment.
- Parenteral and oral compounds with activity against rare, but medically important moulds (e.g. Mucorales, *Scedosporium* spp.).
- Oral agent(s) for the treatment of chronic pulmonary and allergic aspergillosis, with few drug interactions (especially with corticosteroids) and favourable intrapulmonary pharmacokinetics.
- Development of novel formulations of existing compounds that have a more favourable pharmacokinetic properties (e.g. enhanced oral bioavailability)
- Formulations that enable novel uses of existing compounds (e.g. aerosolisation)

# Research funding for fungal diseases in the UK

<u>Wellcome</u>	<u>MRC</u>
1.4%	2.5%

from the total spent over the last five  
years on immunology and infectious disease  
research

# Conclusions

- Clear cut progress in many aspects of medical mycology in last 25 years, especially new drugs, some diagnostics and resistance
- Impact of fungal infection on patients, other than survival, not assessed with standard tools
- Better risk assessment tools, including genetic markers, will allow better protection strategies
- More work required on vaccines
- New antifungals required because of azole resistance, with prospect of routine combination therapies, especially for longterm therapies
- Chronic, relapsing and allergic fungal disease are BIG problems that need more attention